



# ASSEMBLY INSTRUCTIONS

MODEL #

**FM7109-F**

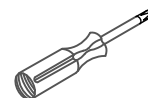
Questions?

GIVE US A CALL : 1-888-980-5122  
MON-FRI 8.30AM - 5.30PM (PT)

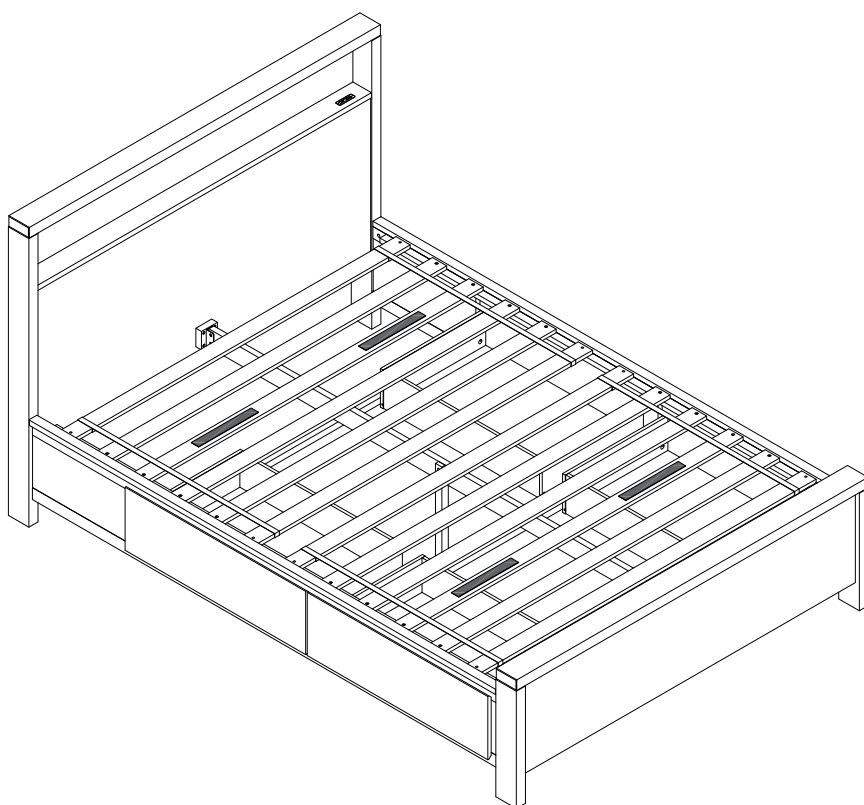
## TOOL REQUIRED



Allen Wrench  
(Included)



Phillips  
Screwdriver  
(Not Included)



2 - People  
Recommended

## ASSEMBLY RATING



EASY —————> DIFFICULT

The Assembly Rating is a 5-point system showing the level of effort needed to assemble a specific product.



Thank you for your purchase!

We hope you enjoy this new addition to your home for many years to come.

Our commitment to providing quality products does not simply end when you purchase our product. We fully stand behind our products from start to finish. Our customer service department is available Monday – Friday 8:30 AM – 5:30 PM Pacific Time and can help with assembly questions as well as, if necessary, replacing damaged or missing parts. To help expedite our service, please have these assembly instructions readily available, along with your order receipt.



**Consumer Hotline**  
Toll-Free 1-888-980-5122



**WEBSITE**  
[www.foagroup.com](http://www.foagroup.com)



**Monday to Friday**  
8:30AM- 5:30PM (PT)



**E-MAIL**  
[cs.ec@foagroup.com](mailto:cs.ec@foagroup.com)



foagroup



FurnitureOfAmerica



## **CHECK BEFORE STARTING**



### **Are you missing anything?**

Double-check all parts, hardware and accessories listed are all accounted for.



### **Check out our Quick Tips!**

We recommend reviewing the pre-assembly handouts. Even experts need a refresher now and then!



### **Should we send any replacements?**

Are there any irregularities or flaws in the parts? We can send replacements!



### **Prep Time!**

Please review the assembly instructions and all diagrams prior to assembling.

# PRE ASSEMBLY INTRODUCTION

We understand building ready-to-assemble furniture can be a challenging experience for some. To help avoid confusion, we have provided some helpful tips that may speed up the process.



## Teamwork

ALWAYS have at least two people to help with transporting and assembling the product to avoid potential injury and/or damage.



## Suitable Location

Assembling near the area of the intended location is highly recommended.



## Sufficient Space

Make sure you have enough space to move around during the assembly.



## Avoid Scratches

Use cardboard, blankets or a carpeted area while assembling furniture to prevent to prevent scratches and damages.



## Flat Surface

Make sure the furniture rests on a flat and level surface with each leg evenly touching the floor.

# ASSEMBLY AND CARE ADVICE



**FAILURE TO FOLLOW THE GUIDELINES BELOW MAY  
RESULT IN INJURY AND/OR PROPERTY DAMAGE.**



Position each part correctly  
and insert screws or bolts into  
their respective holes.



Turn clockwise to tighten and  
only tighten when step is  
completed or when instructed  
to do so.



Use the appropriate hand tools  
or power tools for assembly.  
Select steps, such as tightening  
screws and/or bolts, may require  
hand tools to avoid causing  
damage during assembly.



Save the instructions and store  
any supplied tools for later  
maintenance.

After two weeks, check and  
tighten any loose hardware and  
repeat again every six months  
thereafter.

**IT IS THE USER'S RESPONSIBILITY TO MAINTAIN THE FURNITURE. THE HARDWARE MAY LOOSEN OVER TIME AND MAY CAUSE THE FURNITURE TO BE WOBBLY AND UNABLE TO SUPPORT ITS INTENDED WEIGHT CAPACITY. THIS MAY LEAD TO COLLAPSE AND MAY CAUSE SERIOUS INJURY.**

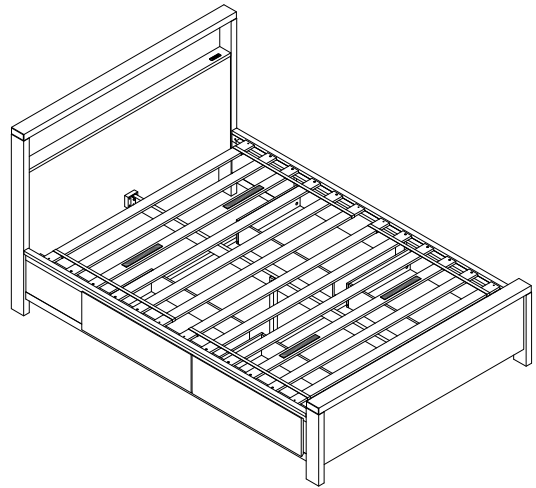


# FULL BED

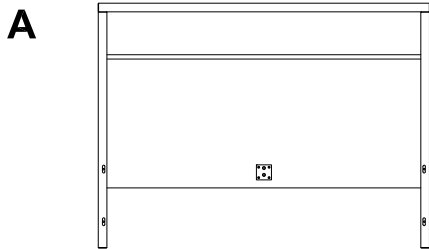
FM7109-F



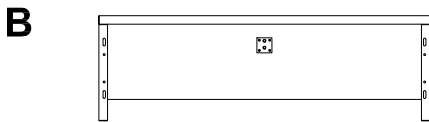
- Please keep instructions for future reference.
- Check the quantity and irregularity of parts and hardware before you start.



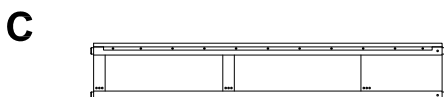
## PARTS



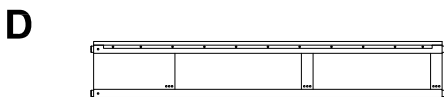
HEADBOARD  
1pc



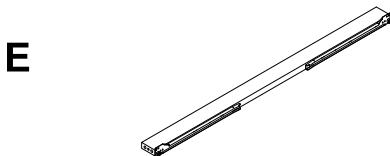
FOOTBOARD  
1pc



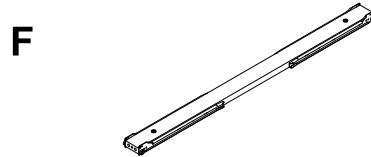
SIDE PANEL - LEFT  
1pc



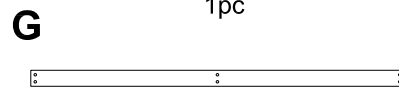
SIDE PANEL - RIGHT  
1pc



DRAWER SLIDE  
SUPPORT RAIL 1 & 3  
2pcs



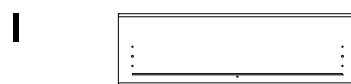
DRAWER SLIDE  
MIDDLE  
1pc



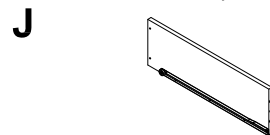
CENTER RAIL  
1pc



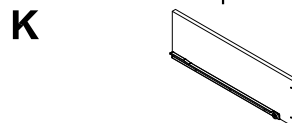
CENTER SLAT SUPPORT  
1pc



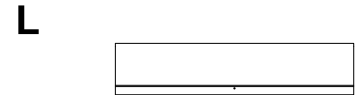
DRAWER FRONT  
PANEL  
4pcs



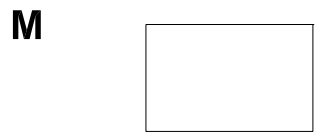
DRAWER SIDE PANEL  
LEFT  
4pcs



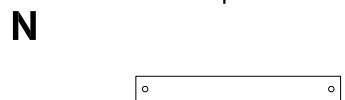
DRAWER SIDE PANEL  
RIGHT  
4pcs



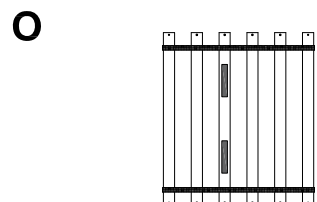
DRAWER BACK PANEL  
4pcs



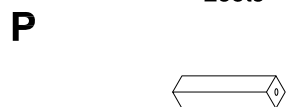
DRAWER BOTTOM  
PANEL  
4pcs



DRAWER SUPPORT  
4pcs



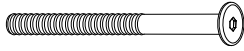
SLAT  
2sets



SLAT SUPPORT  
2pcs

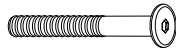
## HARDWARE

1



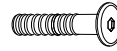
JCBC M6 x 120mm  
4pcs

2



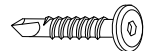
JCBC M6 x 80mm  
4pcs

3



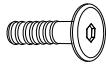
JCBC M6 x 30mm  
8pcs

4



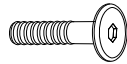
JCBC-W M6x 28mm  
8pcs

5



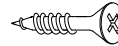
JCBB M8 x 16mm  
8pcs

6



JCBB M8 x 30mm  
2pcs

7



WOOD SCREW  
4.0 x 28mm  
32pcs

8



BARREL NUT  
M6 x 13mm  
4pcs

9



WOOD DOWEL  
Ø10 x 30mm  
12pcs

10



WOOD DOWEL  
Ø8 x 30mm  
24pcs

11



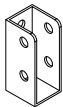
MINIFIX CAM  
24pcs

12



MINIFIX BOLT  
24pcs

13



U-BRACKET  
2pcs

14



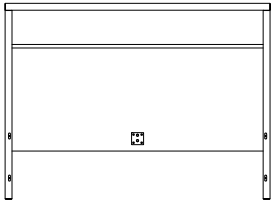















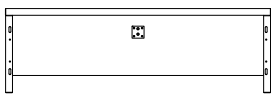


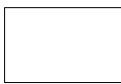

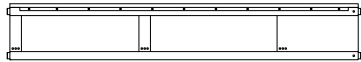
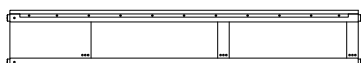
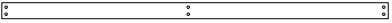

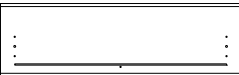
ALLEN KEY M5  
1pc

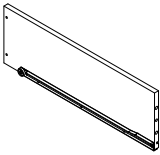
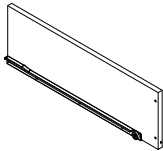
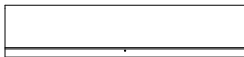


15



ALLEN KEY M4  
1pc

## FM7109-F is packed in 2 cartons

Carton	Designation		Part	Hardware
FM7109WH-F-1	Headboard	A	 X 1	 #1 X 4  #2 X 4  #3 X 8  #4 X 8  #5 X 8  #6 X 2  #7 X 32  #8 X 4  #9 X 12  #10 X 24  #11 X 24  #12 X 24  #13 X 2  #14 X 1  #15 X 1
	Footboard	B	 X 1	
	Drawer Slide Support Rail 1 & 3	E	 X 2	
	Drawer Slide Support Middle	F	 X 1	
	Drawer Bottom Panel	M	 X 4	
	Slat	O	 X 2	
FM7109WH-F-2	Side Panel -Left	C	 X 1	
	Side Panel - Right	D	 X 1	
	Center Rail	G	 X 1	
	Center Slat Support	H	 X 1	
	Drawer Front Panel	I	 X 4	

Carton	Designation		Part	Hardware
	Drawer Side Panel (Left)	J	 X 4	
	Drawer Side Panel (Right)	K	 X 4	
	Drawer Back Panel	L	 X 4	
	Drawer Support	N	 X 4	
	Slat Support	P	 X 2	

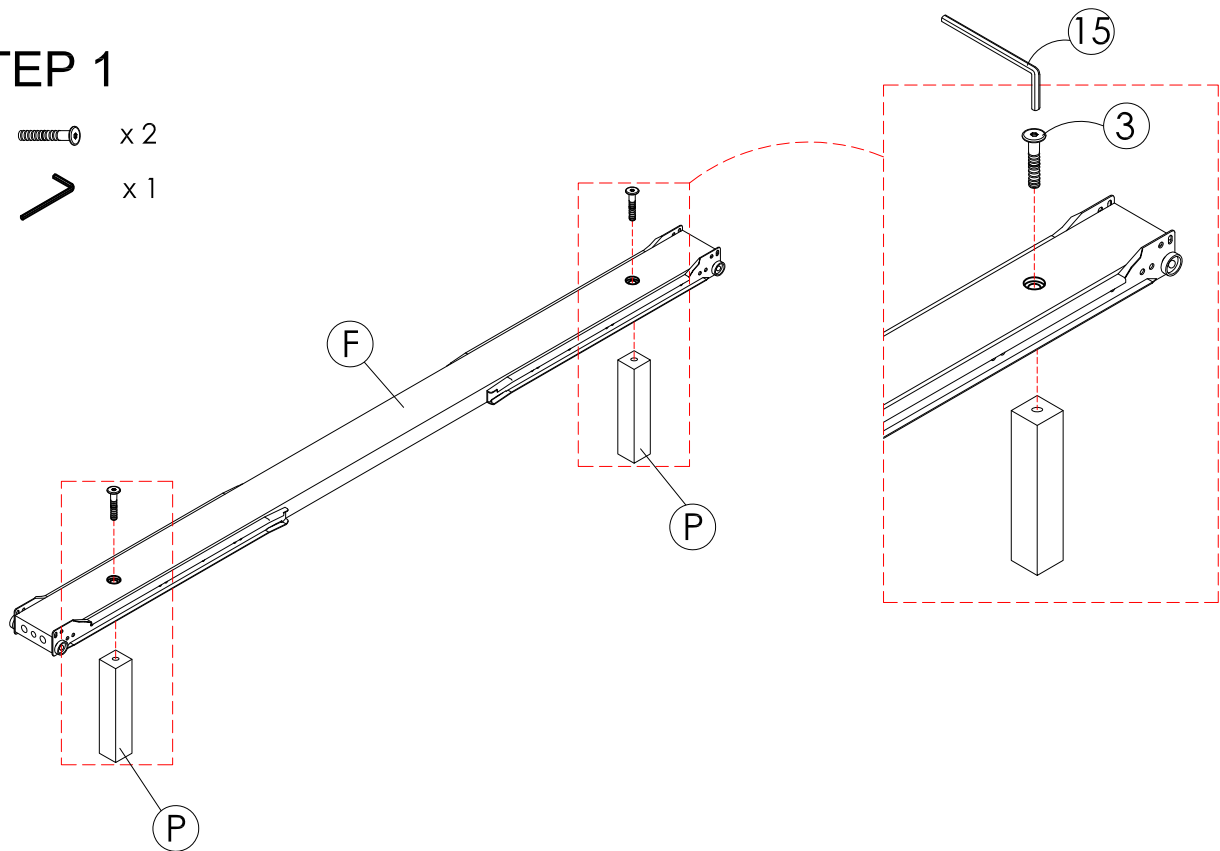


# ASSEMBLY INSTRUCTION

## STEP 1

③  x 2

⑮  x 1

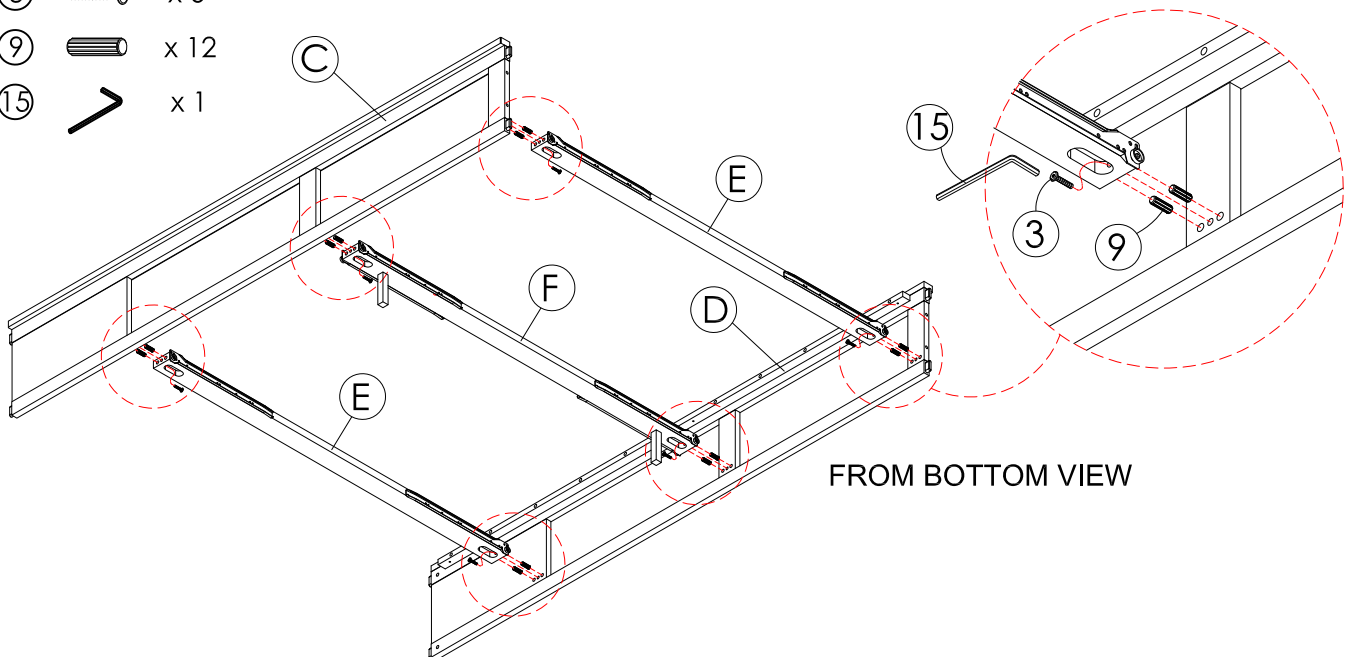


## STEP 2

③  x 6





⑨  x 12

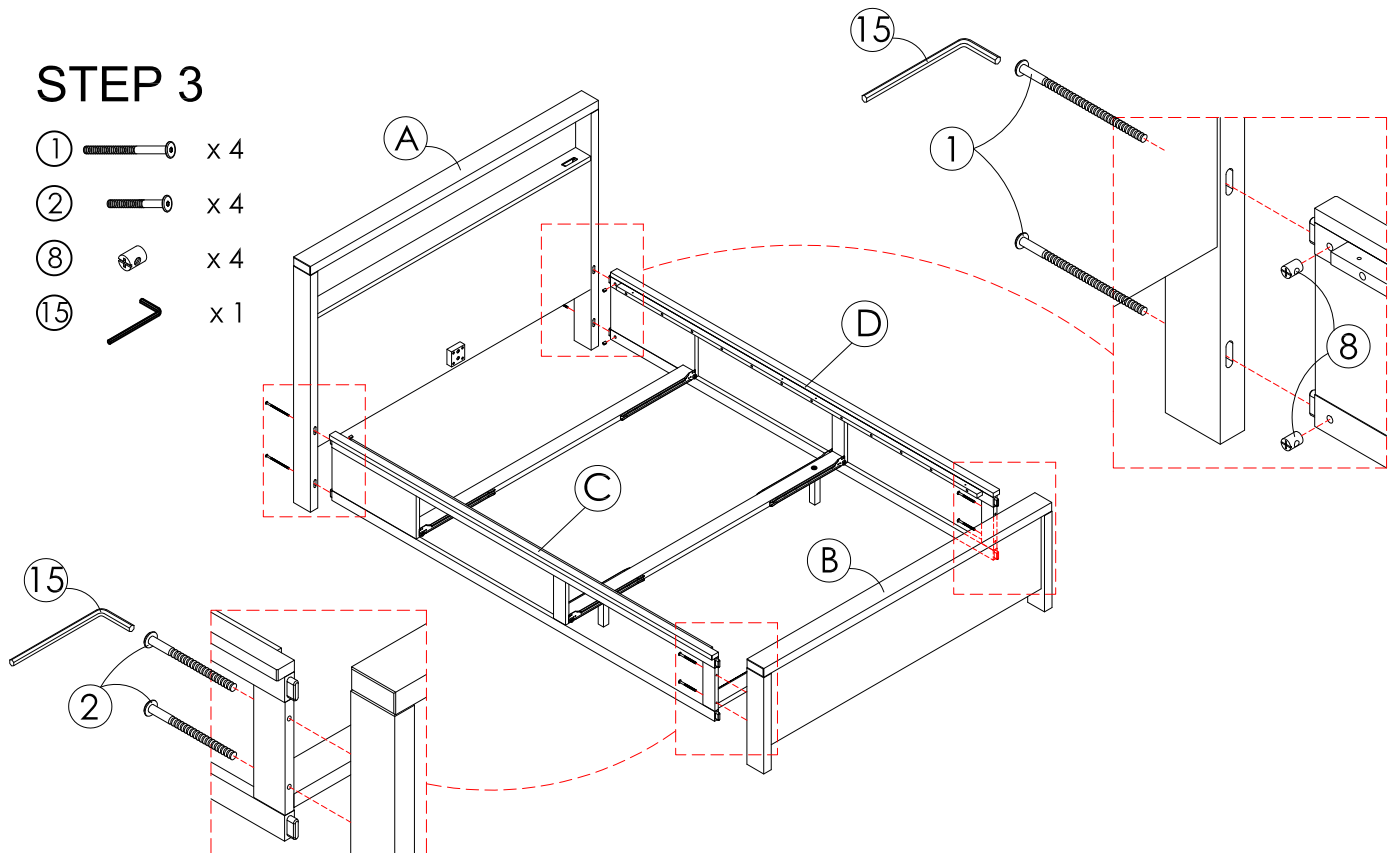
⑮  x 1






# ASSEMBLY INSTRUCTION

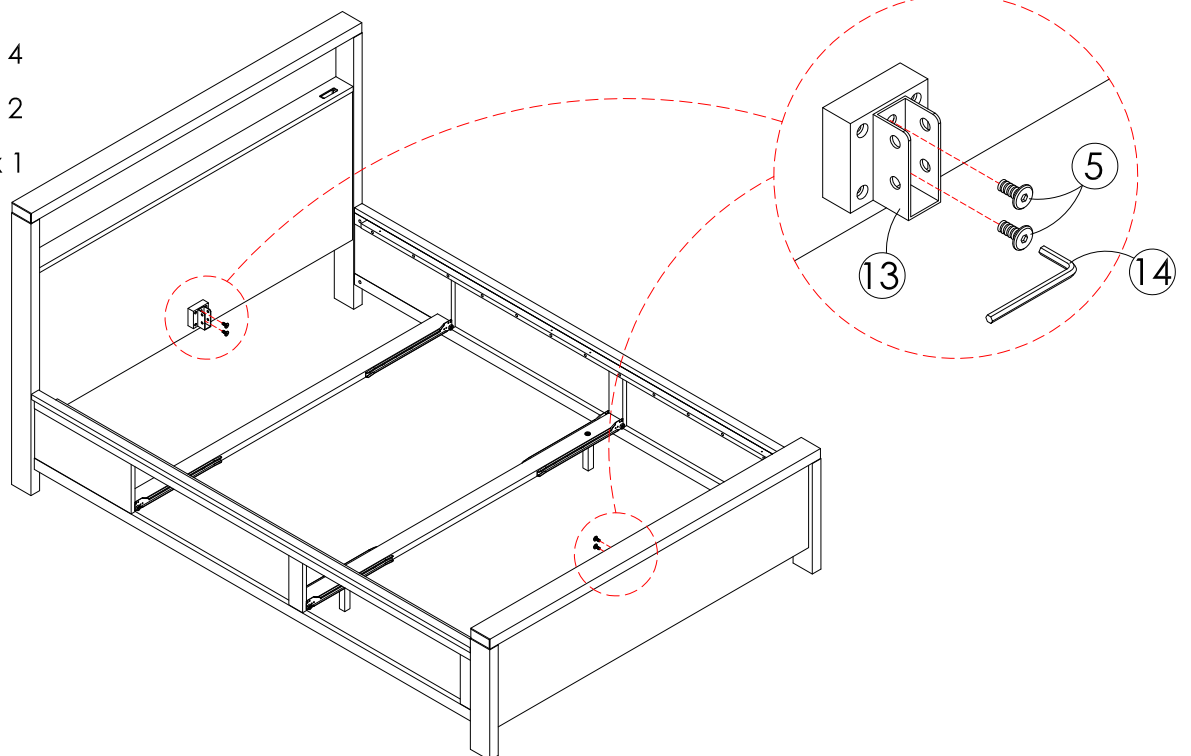
## STEP 3

- ①  x 4
- ②  x 4
- ⑧  x 4
- ⑮  x 1



## STEP 4

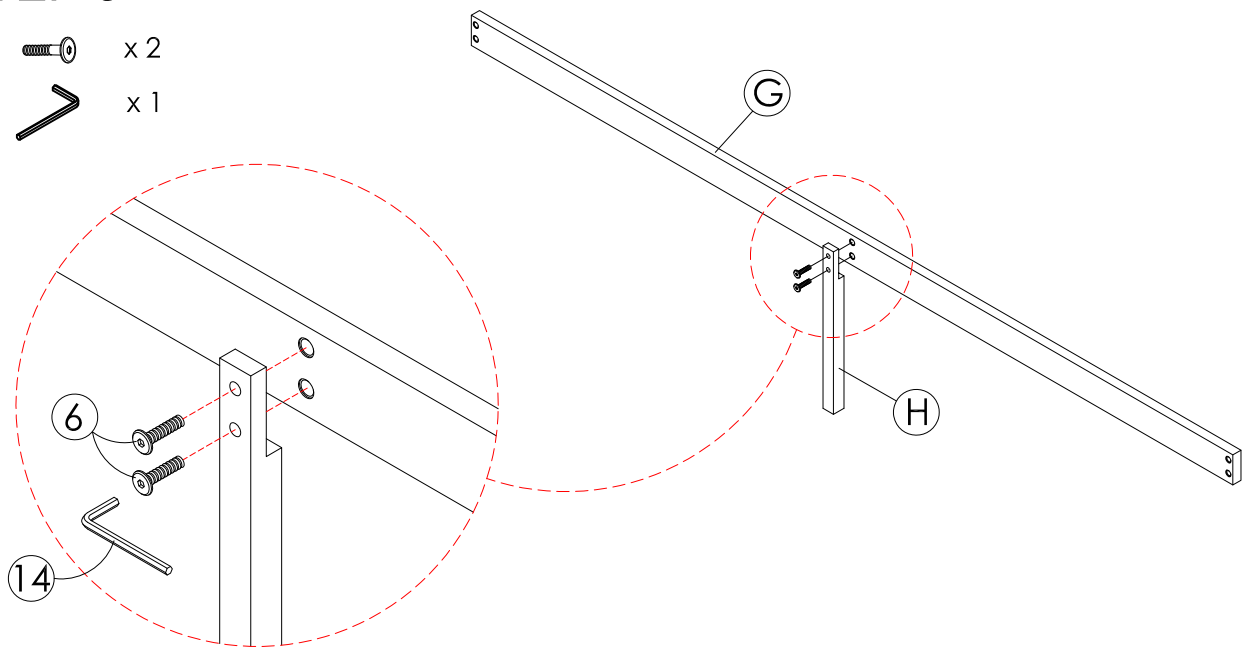
- ⑤  x 4
- ⑬  x 2
- ⑭  x 1





# ASSEMBLY INSTRUCTION

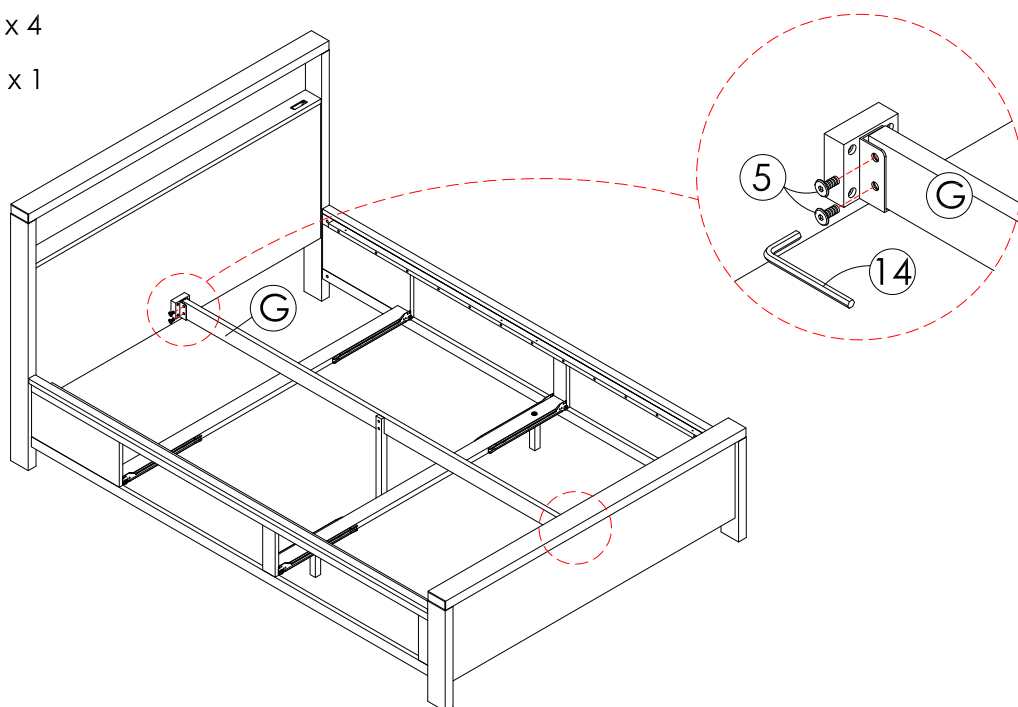
## STEP 5

- ⑥  x 2  
⑭  x 1






## STEP 6

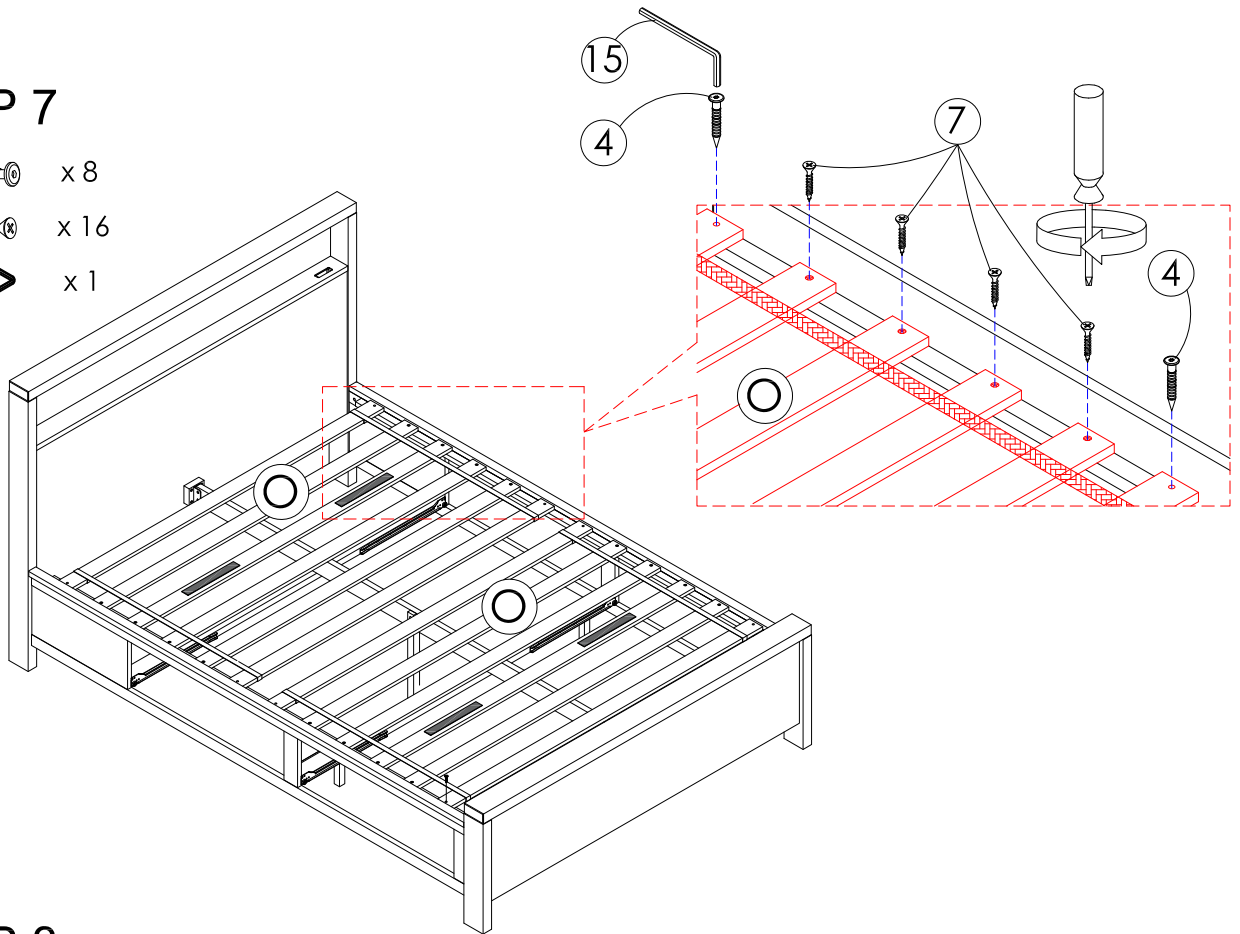
- ⑤  x 4  
⑭  x 1



# ASSEMBLY INSTRUCTION

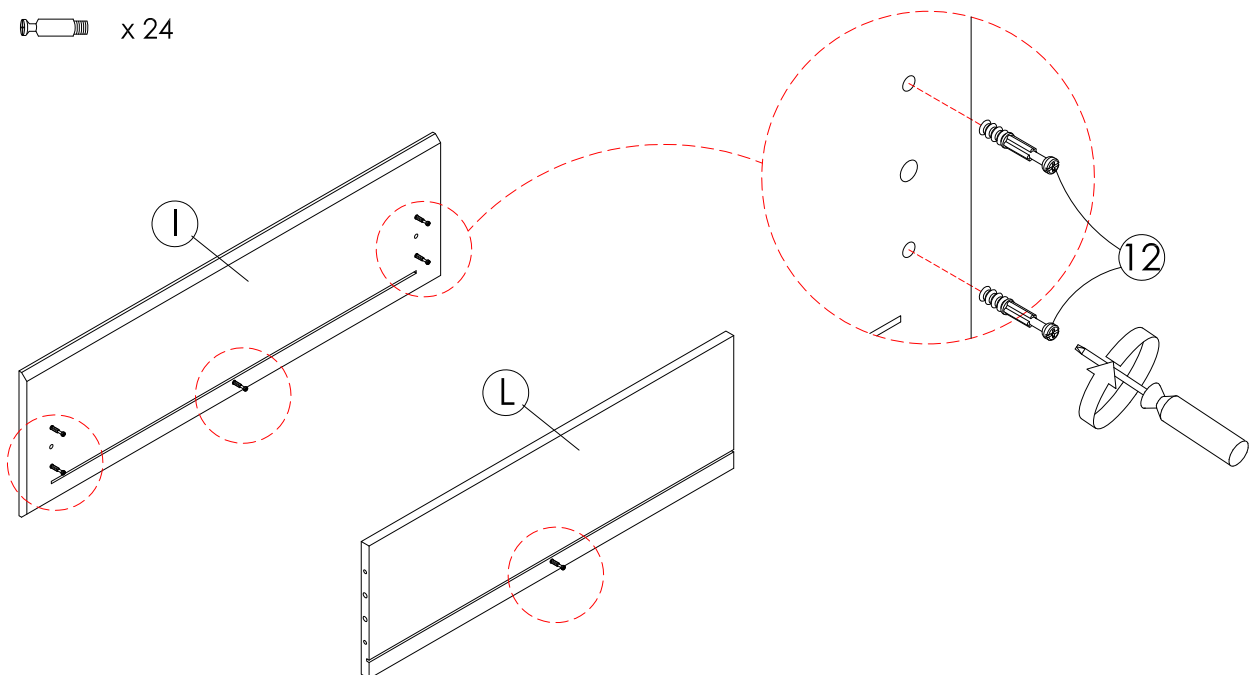
## STEP 7

- ④  x 8
- ⑦  x 16
- ⑮  x 1



## STEP 8

- ⑫  x 24

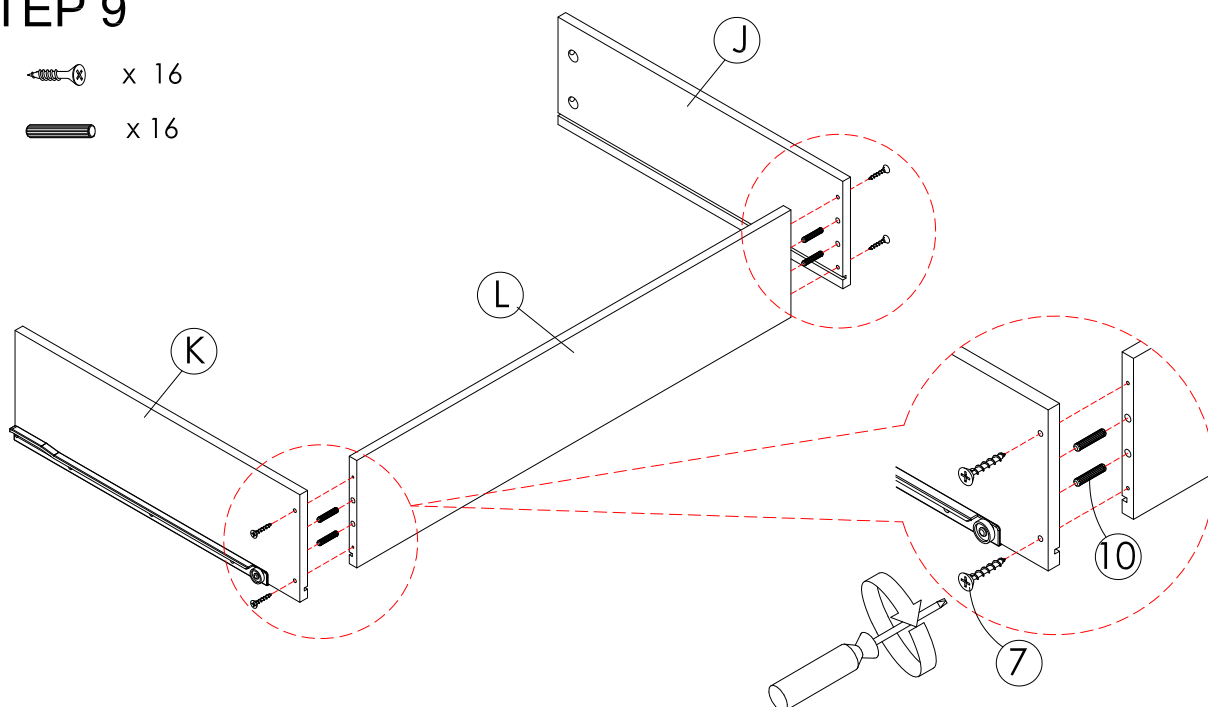


# ASSEMBLY INSTRUCTION

## STEP 9

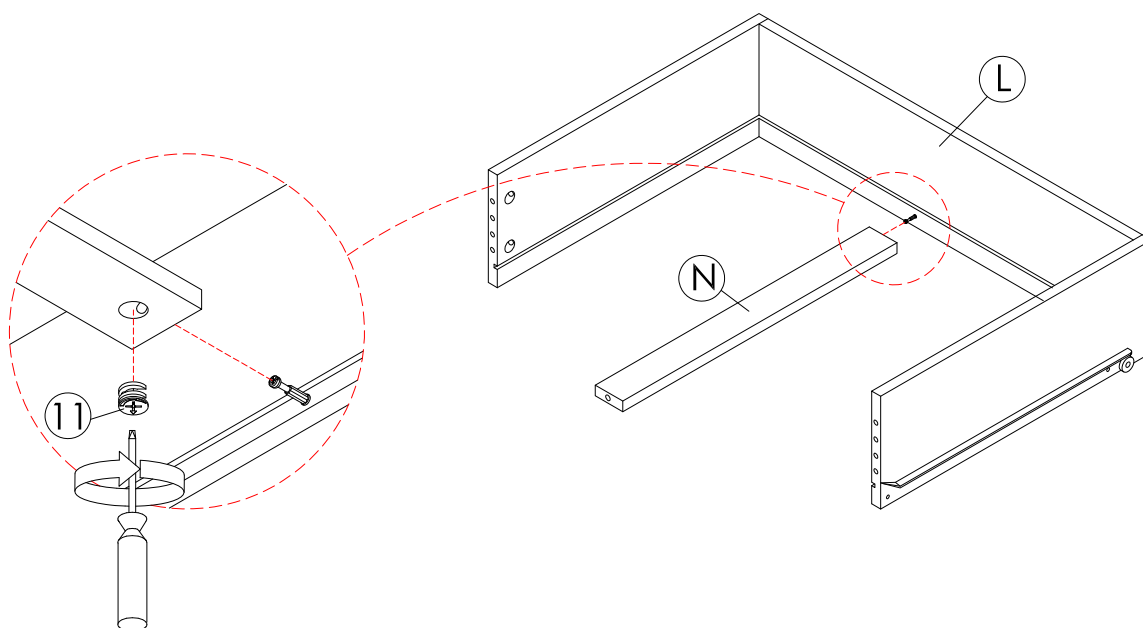
⑦  x 16

⑩  x 16



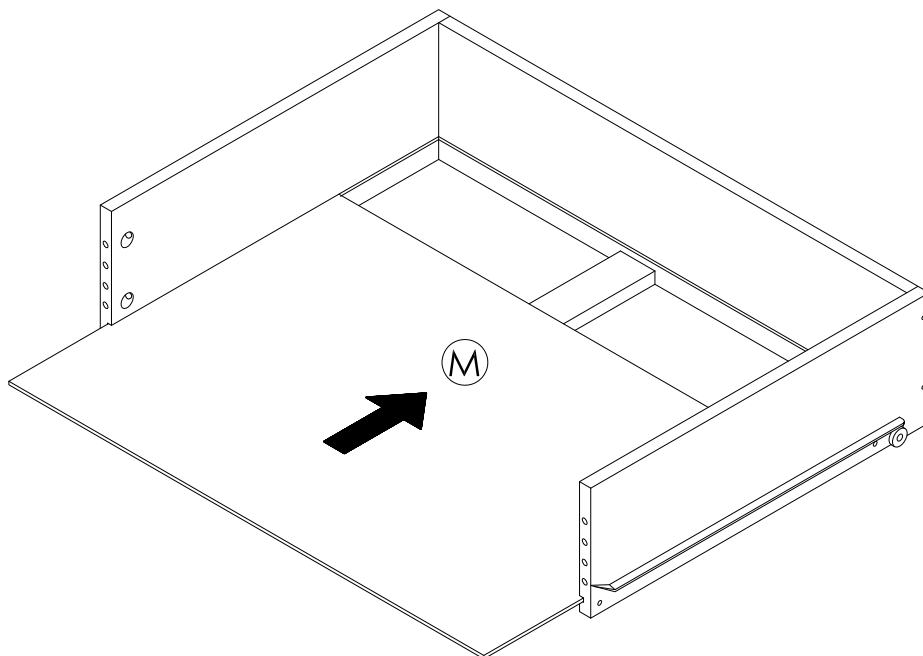
## STEP 10

⑪  x 4




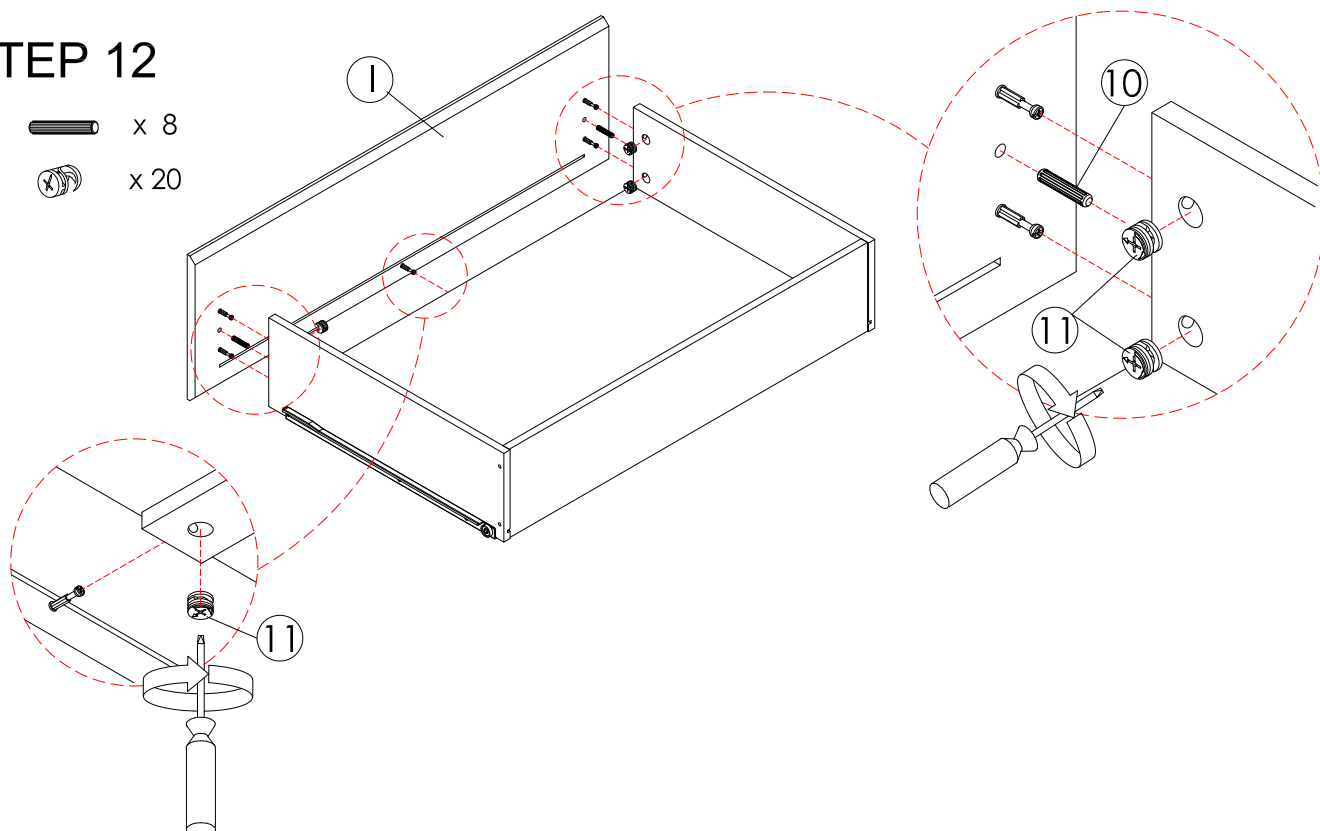
# ASSEMBLY INSTRUCTION

## STEP 11



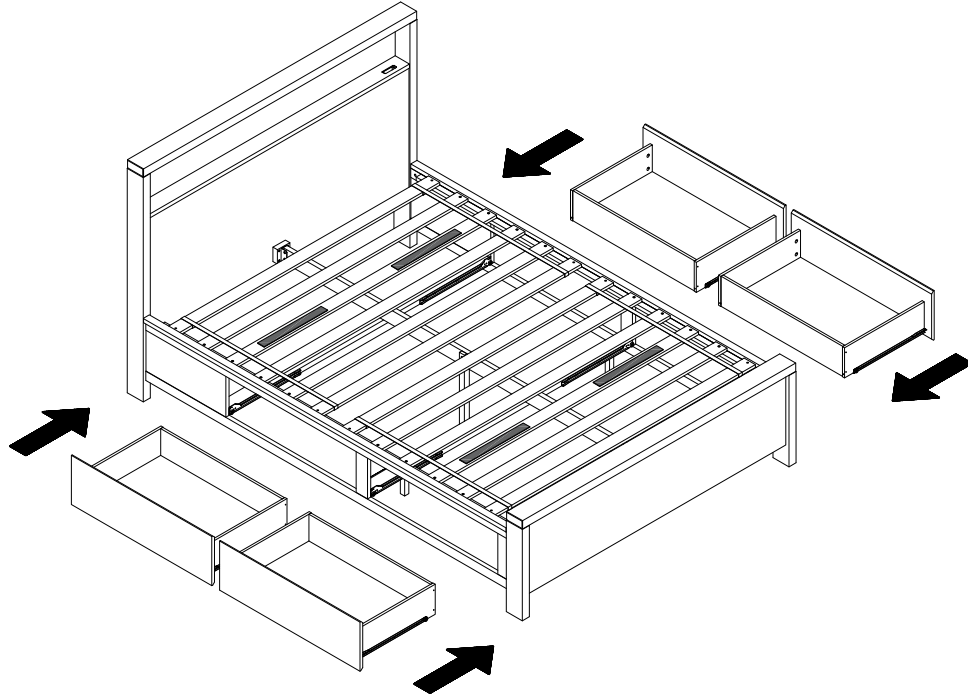
## STEP 12

- ⑩  x 8
- ⑪  x 20

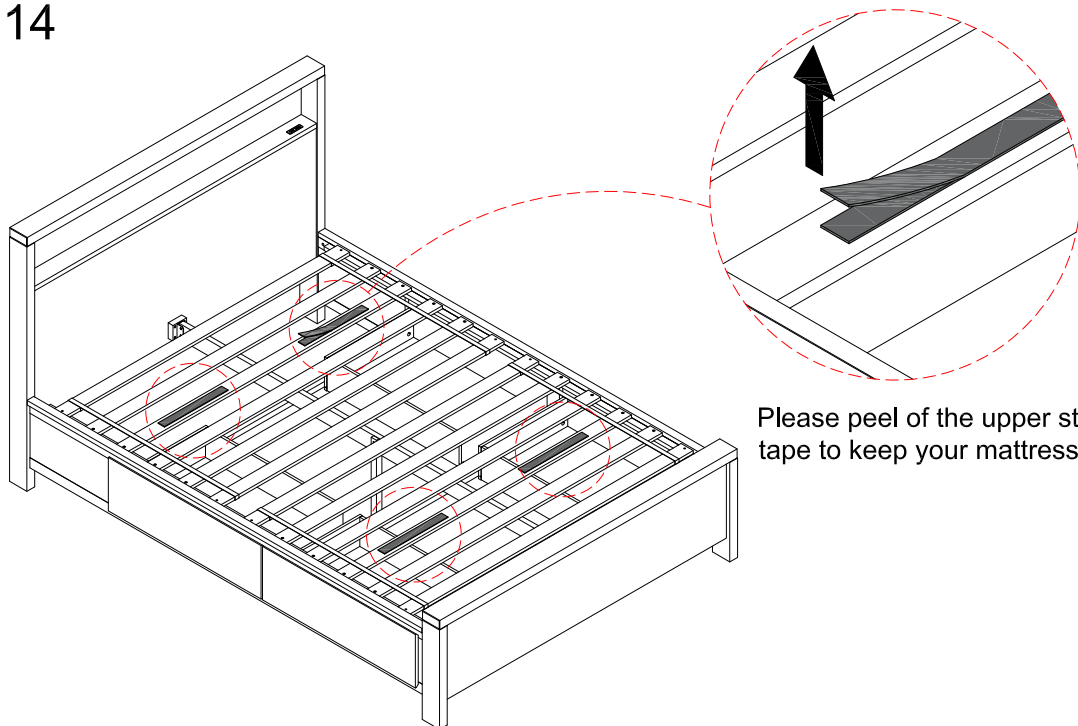


# ASSEMBLY INSTRUCTION

## STEP 13



## STEP 14

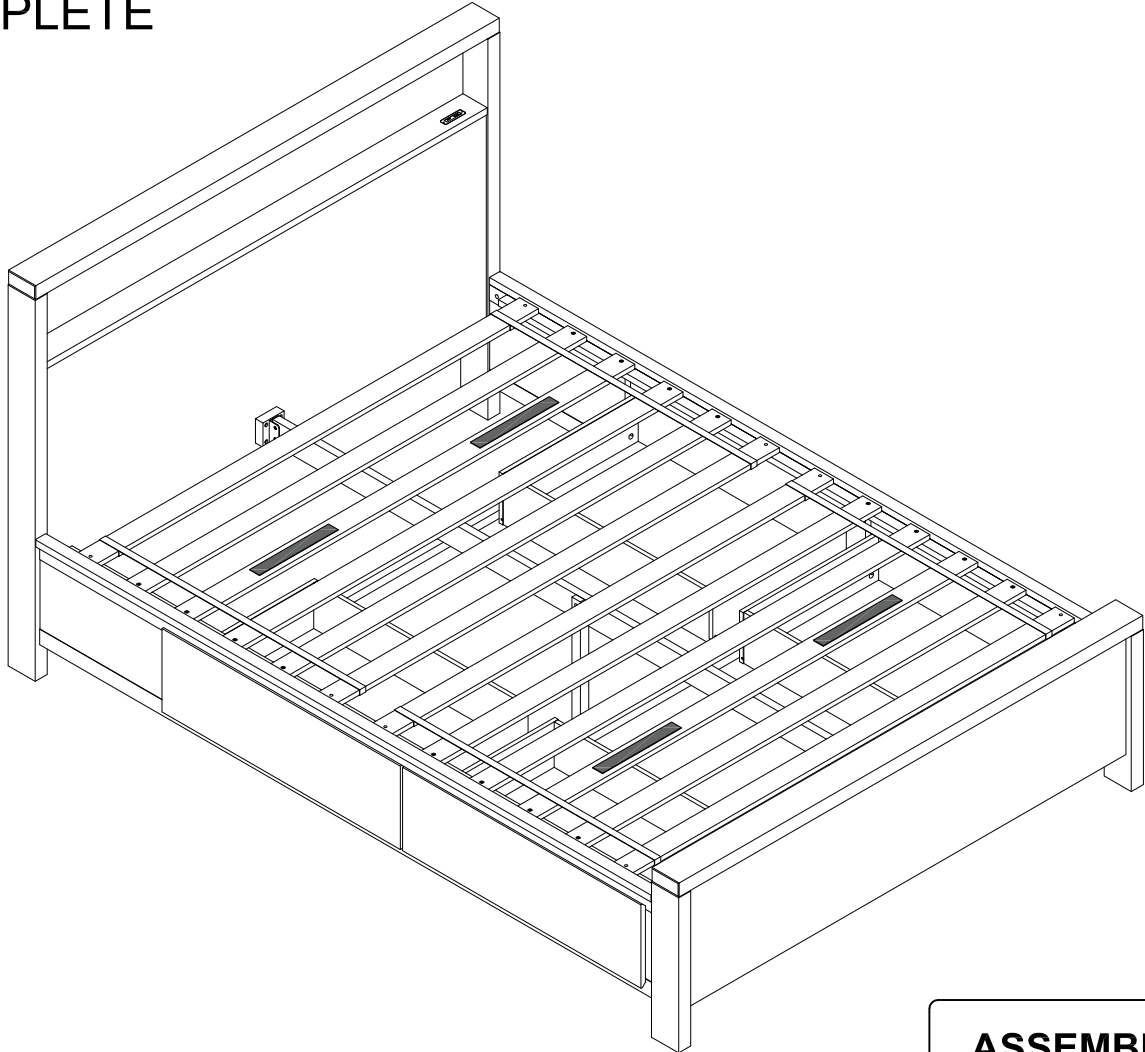


Please peel of the upper strip non-slip tape to keep your mattress in place.



# ASSEMBLY INSTRUCTION

COMPLETE



## ASSEMBLY COMPLETED



Please ensure the furniture rest on an even and flat surface. If the product wobbles or feels loose, double-check all bolts and/or screw are properly tightened and secured.



### **Keep this handy!**

Please retain this instruction manual and any order-related information for future reference.



### **Lift, don't drag!**

To avoid damage to product please always LIFT the product when transporting or adjusting the placement.

This product is intended for RESIDENTIAL USE ONLY and not for commercial use.