



ASSEMBLY INSTRUCTIONS

MODEL

FM7210-F

Questions?

GIVE US CALL: 1-888-980-5122
MON-FRI 8:30AM - 5:30PM (PST)

TOOLS REQUIRED



Allen Wrench

(Included)

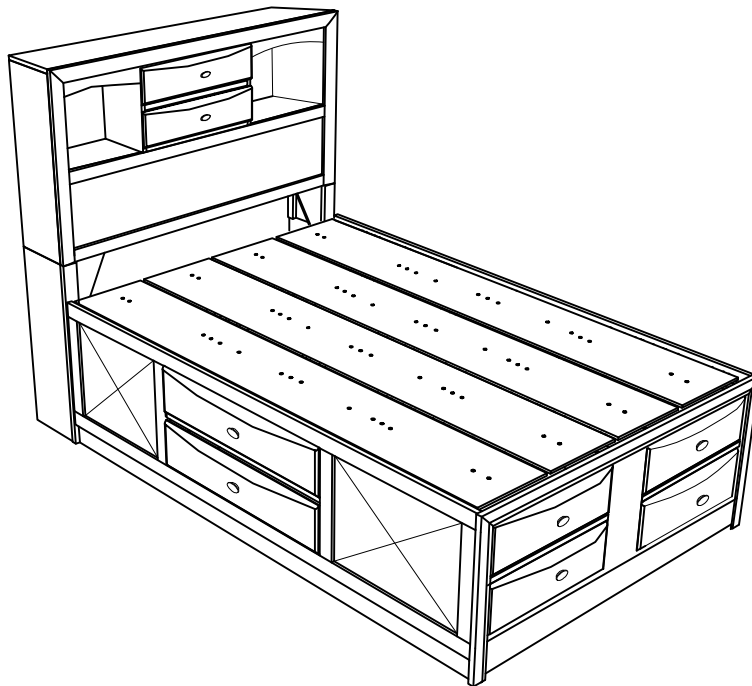


Phillips
Screwdriver

(Not Included)

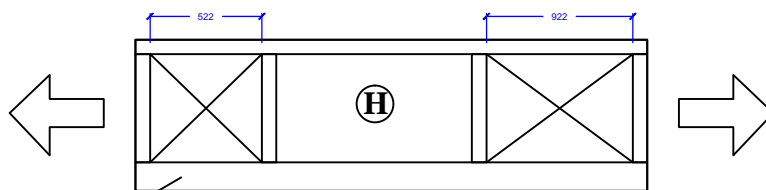


2 - Persons
Recommended



ATTACH TO HEADBOARD

ATTACH TO FOOTBOARD



STICKER (L & R)

ASSEMBLY RATING



EASY ————— DIFFICULT

The Assembly Rating is a 5-point system showing the level of effort needed to assemble a specific product.

VERSION # 24-04-03



FOA Intro

Thank you for your purchase!

We hope you enjoy this new addition to your home for many years to come.

Our commitment to providing quality products does not simply end when you purchase our product. We fully stand behind our products from start to finish. Our customer service department is available Monday – Friday 8:30 AM – 5:30 PM Pacific and can help with assembly questions as well as, if necessary, replacing damaged or missing parts. To help expedite our service, please have these assembly instructions readily available, along with your order receipt.



Consumer Hotline
Toll-Free 1-888-980-5122



WEBSITE
www.foagroup.com



Monday to Friday
8:30AM- 5:30PM (PST)



E-MAIL
cs.ec@foagroup.com



foagroup



FurnitureOfAmerica



CHECK BEFORE STARTING



Are you missing anything?

Double-check all parts, hardware and accessories listed on Page 6 are accounted for.



Check out our Quick Tips!

We recommend reviewing the pre-assembly handouts. Even experts need a refresher now and then!



Should we send any replacements?

Are there any irregularities or flaws in the parts? We can send replacements!



Prep Time!

Please review the assembly instructions and all diagrams prior to assembling. Set up your workspace by laying the parts and hardware out separately, then begin!

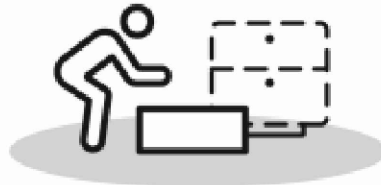
PRE ASSEMBLY INTRODUCTION

We understand building ready-to-assemble furniture can be a challenging experience for some. To help avoid confusion, we have provided some helpful tips that may speed up the process.



Teamwork

ALWAYS have at least two people to help with transporting and assembling the product to avoid potential injury and/or damage.



Suitable Location

Assembling near the area of the intended location is highly recommended.



Sufficient Space

Make sure you have enough space to move around during the assembly.



Avoid Scratches

Use cardboard, blankets or a carpeted area while assembling furniture to prevent scratches.



Flat Surface

Make sure the furniture rests on a flat and level surface with each leg evenly touching the floor.

ASSEMBLY AND CARE ADVICE



**FAILURE TO FOLLOW THE GUIDELINES BELOW MAY
RESULT IN INJURY AND/OR PROPERTY DAMAGE.**



Position each part correctly
and insert screws or bolts into
their respective holes.



Turn clockwise to tighten and
only tighten when step is
completed or when instructed
to do so.



Save the instructions and store
any supplied tools for later
maintenance.

Use the appropriate hand tools
or power tools for assembly.
Select steps, such as tightening
screws and/or bolts, may require
hand tools to avoid causing
damage during assembly.



After two weeks, check and
tighten any loose hardware and
repeat again every six months
thereafter.

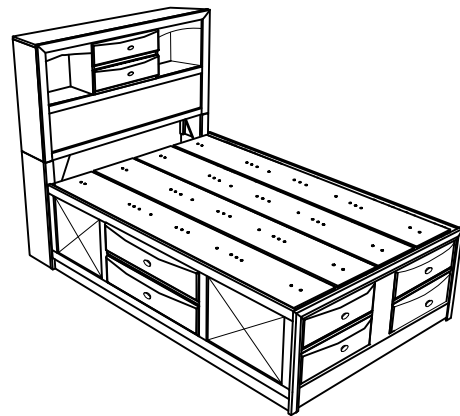
IT IS THE USER'S RESPONSIBILITY TO MAINTAIN THE FURNITURE. THE HARDWARE MAY LOOSEN OVER TIME AND MAY CAUSE THE FURNITURE TO BE WOBBLY AND UNABLE TO SUPPORT ITS INTENDED WEIGHT CAPACITY. THIS MAY LEAD TO COLLAPSE AND MAY CAUSE SERIOUS INJURY.

FULL SIZE BED

FM7210-F



- Please keep instructions for future reference.
- Check the quantity and irregularity of parts and hardware before you start.



PARTS

① 1pc



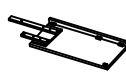
Headboard

② 1pc



Footboard

③ 2pcs



Headboard Leg
(L/R)

④ 2pcs



Triangle Support
Panel

⑤ 4pcs



FB T-runner support

⑥ 1pc



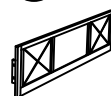
Bed Slat Support-1
-95 x 30 x 30mm

⑦ 1pc



Bed Slat Support-2
-107 x 30 x 30mm

⑧ 2pcs



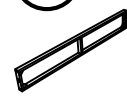
Side Rail

⑨ 3pcs



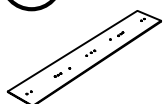
Bed Slat
-1387 x 45 x 18mm

⑩ 1pc



FB Drawer Frame

⑪ 4pcs



Concealed Panel

⑫ 1pc



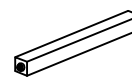
Headboard Back
Support-1
-1403 x 30 x 19

⑬ 1pc



Drawer Support Rail
-1387 x 30 x 30

⑭ 5pcs



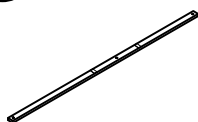
Bed Slat Support-3
-518 x 30 x 30

⑮ 1pc



Headboard Back
Support-2
-1403 x 45 x 19

⑯ 3pcs



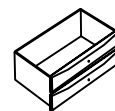
Bed Slat With Marking
-1387 x 45 x 18

⑰ 4pcs



Footboard Drawer

⑱ 2pcs



Side Rail Drawer

HARDWARE

HARDWARE INSIDE HEADBOARD

(A) 8pcs



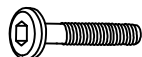
CSK m4 x 32mm

(B) 8pcs



Pan Head Screw
m3.5 x 20mm

(C) 4pcs



Bolt 1/4" x 1-3/8"

(D) 2pcs



Bolt 1/4" x 2"

(E) 6pcs



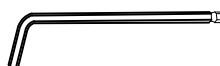
Lock Washer

(F) 6pcs



Flat washer

(G) 1pc



Allen Key M4x110

HARDWARE INSIDE SIDE RAIL

(H) 16pcs



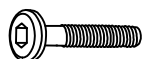
CSK m4 x 32mm

(I) 22pcs



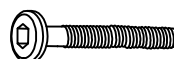
Pan Head Screw
m3.5 x 20mm

(J) 15pcs



Bolt 1/4" x 1-3/8"

(K) 6pcs



Bolt 1/4" x 2"

(L) 15pcs



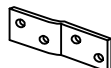
Lock Washer

(M) 15pcs



Flat washer

(N) 1pc



Z-Bracket

(O) 1pc



Allen Key M4x110

HARDWARE INSIDE UNDERBED DRAWER

(P) 8pcs



Handle

(Q) 4pcs



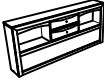
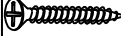




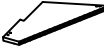







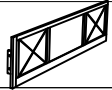
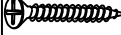


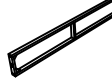

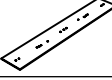





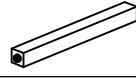
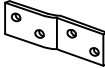








Truss Head Screw
M4 x 48mm

(R) 4pcs



Truss Head Screw
M4 x 50mm

FM7210-F is packed in 3 cartons

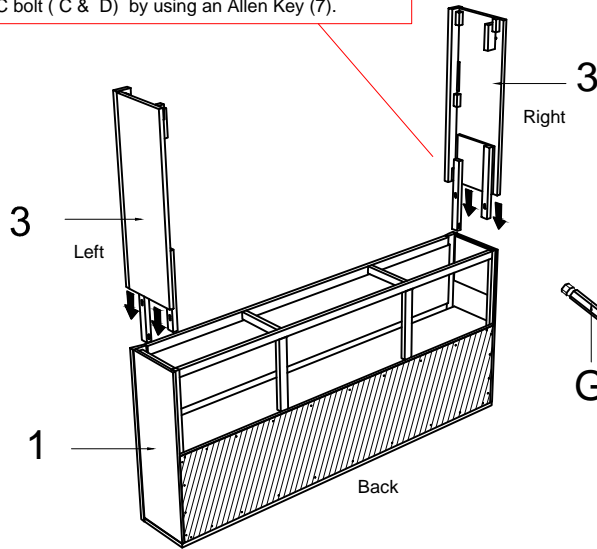
Carton	Designation	Part		Hardware
FM7210-F-HBFB	Full Size Bed HB, FB HB Legs, Triangle Support Panel, Fb T Runner Support, Bed Slat Support,	1	 X 1	 A x 8pcs
		2	 X 1	 B x 8pcs
		3	 X 2	 C x 4pcs
		4	 X 2	 D x 2pcs
		5	 X 4	 E x 6pcs
		6	 X 1	 F x 6pcs
		7	 X 1	 G x 1pc
FM7210-F-R	Full Side Rail, Bed Slat, Fb Drawer Frame, Concealed Panel, Headboard Back Support, Drawer Support Rail, Bed Slat.	8	 X 2	 H x 16pcs
		9	 X 3	 I x 22pcs
		10	 X 1	 J x 15pcs
		11	 X 4	 K x 6pcs
		12	 X 1	 L x 15pcs
		13	 X 1	 M x 15pcs
		14	 X 5	 N x 1pc
		15	 X 1	 O x 1pc
		16	 X 2	
FM7210-F-DR	Full Side Rail Drawer, Footboard drawer	17	 X 4	 #P x 8pcs
		18	 X 2	 #Q x 4pcs  #R x 4pcs

ASSEMBLY INSTRUCTIONS

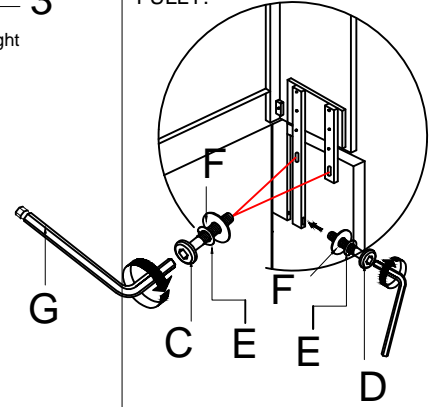
1

Part ① x1pc
Part ③ x2pcs
Hardware ② x4pcs
Hardware ④ x2pcs
Hardware ⑤ x6pcs
Hardware ⑥ x6pcs

Attach and tighten the Headboard Leg L/R (3) to the Headboard (1).
Insert Spring washer (E) , Flat Washer (F) , tighten JCBC bolt (C & D) by using an Allen Key (7).



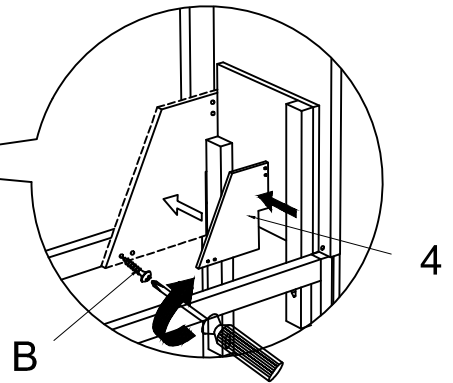
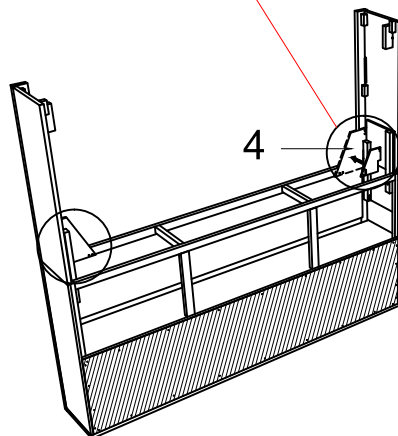
WARNING!
INSTALL THE BOLTS BY FOLLOWING THE ARROWS SHOWN. AFTER ALL BOLTS BEEN INSTALLED INSIDE THE HOLE PLEASE TIGHTEN THEM FULLY.



2

Part ④ x2pcs
Hardware ③ x8pcs

Attach and tighten the triangle Support Panel (4) to the Headboard and tighten the Panhead screw (B) using screw driver . (Not included)

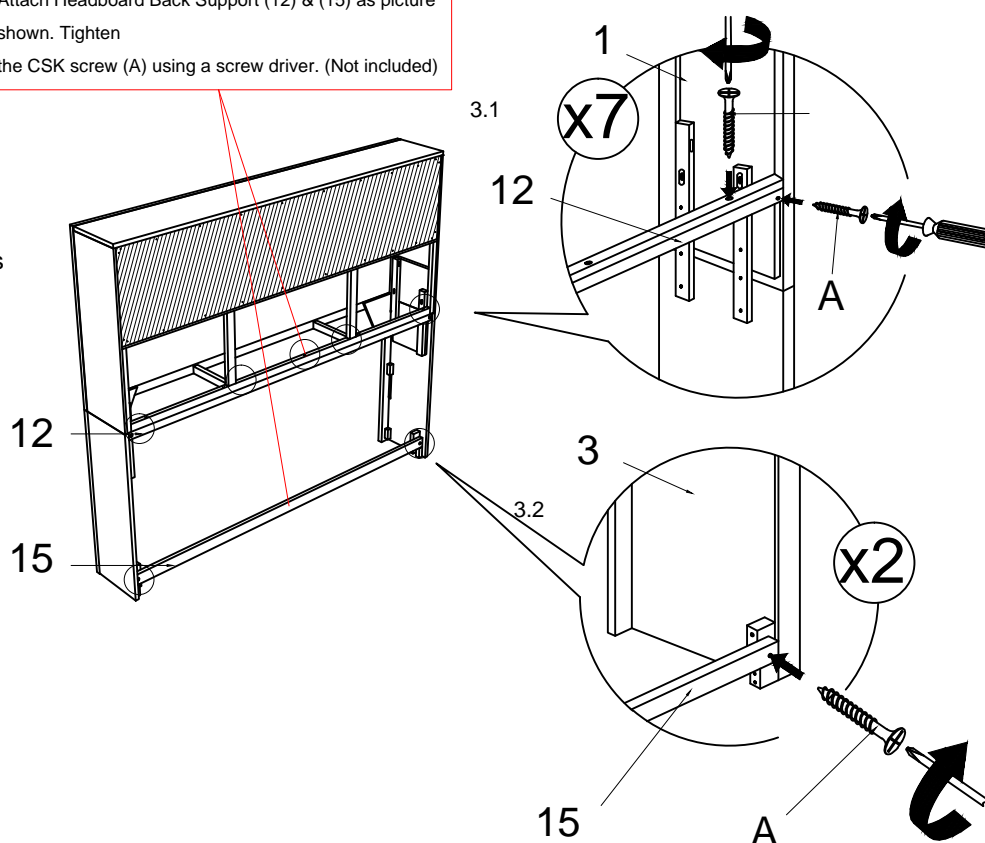


ASSEMBLY INSTRUCTIONS

Attach Headboard Back Support (12) & (15) as picture shown. Tighten the CSK screw (A) using a screw driver. (Not included)

3

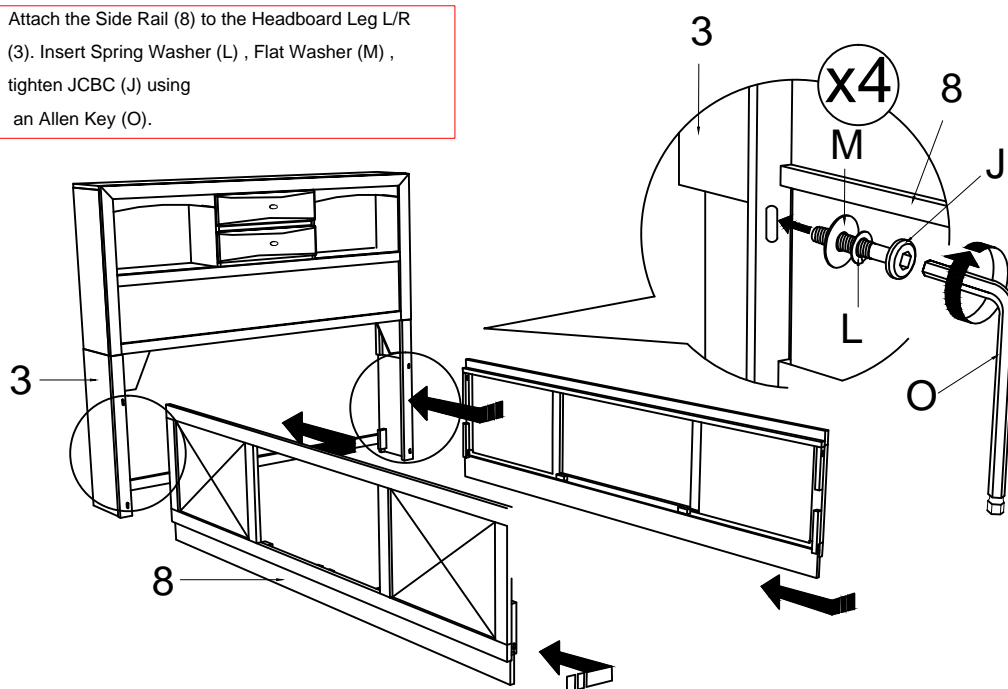
Part 12 x1pc
Part 15 x1pc
Hardware A x9pcs



Attach the Side Rail (8) to the Headboard Leg L/R (3). Insert Spring Washer (L), Flat Washer (M), tighten JCBC (J) using an Allen Key (O).

4

Part 8 x4pcs
Hardware J x4pcs
Hardware L x4pcs
Hardware M x4pcs

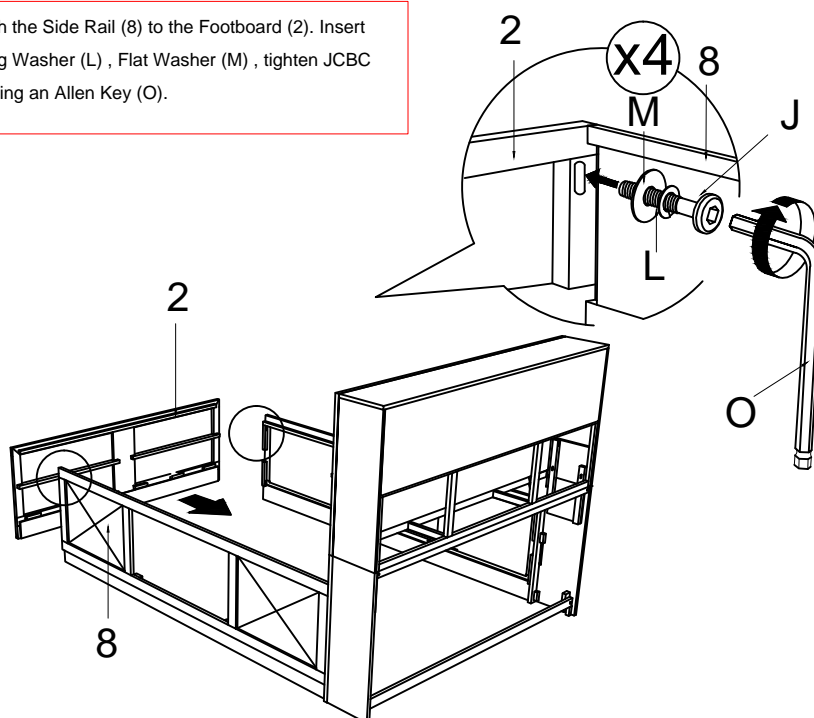


ASSEMBLY INSTRUCTIONS

5

- Part ② x1pc
 Hardware ① x4pcs
 Hardware ③ x4pcs
 Hardware ④ x4pcs

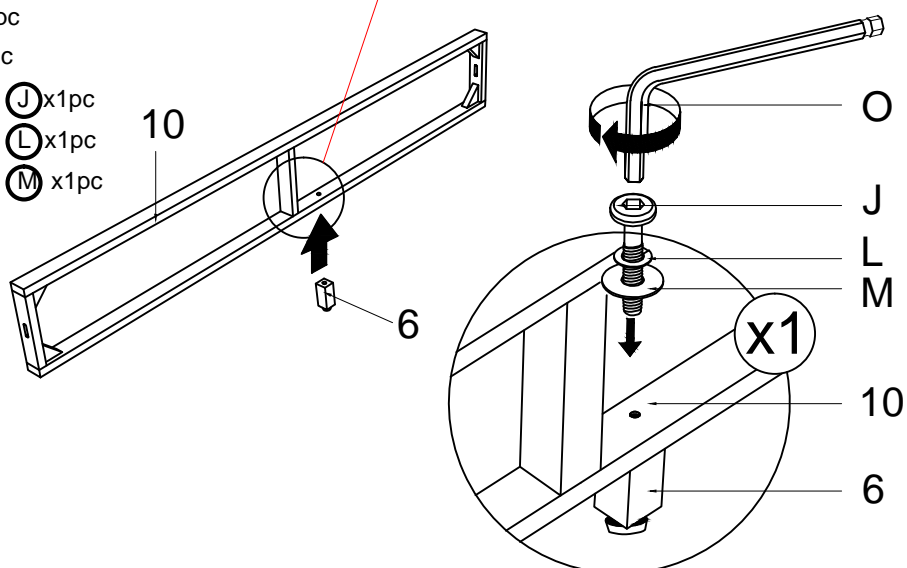
Attach the Side Rail (8) to the Footboard (2). Insert Spring Washer (L), Flat Washer (M), tighten JCBC (J) using an Allen Key (O).



6

- Part ⑩ x1pc
 Part ⑥ x1pc
 Hardware ① x1pc
 Hardware ③ x1pc
 Hardware ④ x1pc

Attach Support Leg (6) to the Footboard Drawer Frame (10). Insert Spring Washer (L), Flat Washer (M), & tighten JCBC (J) using an Allen Key (15).

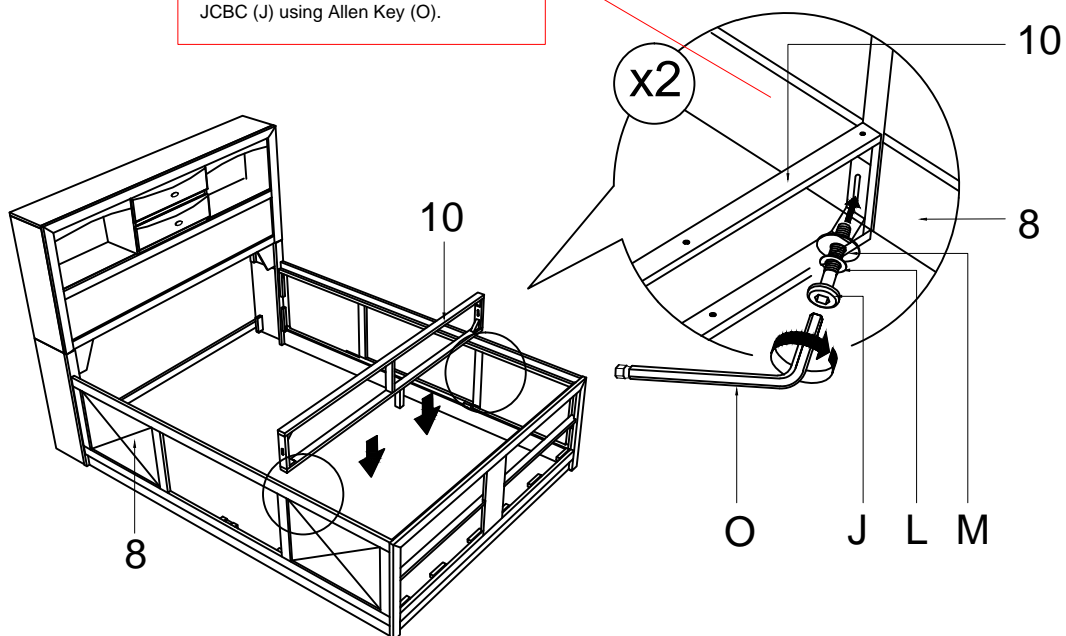


ASSEMBLY INSTRUCTIONS

7

Part ⑩ x1pc
Hardware ⑪ x4pcs
Hardware ⑬ x4pcs
Hardware ⑭ x4pcs

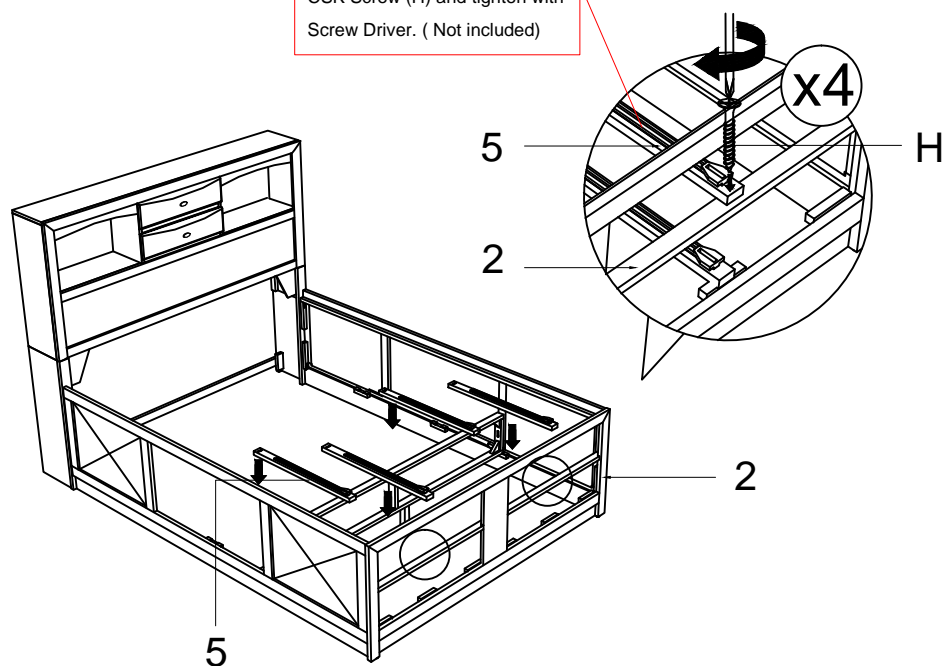
Attach the Footboard Drawer Frame (10) to the Side Rail (8). Insert Spring Washer (L), Flat Washer (M), tighten JCBC (J) using Allen Key (O).



8

Part ⑤ x4pcs
Hardware ⑥ x4pcs

Attach the Drawer Support Rail (5) to the Footboard (2) using CSK Screw (H) and tighten with Screw Driver. (Not included)



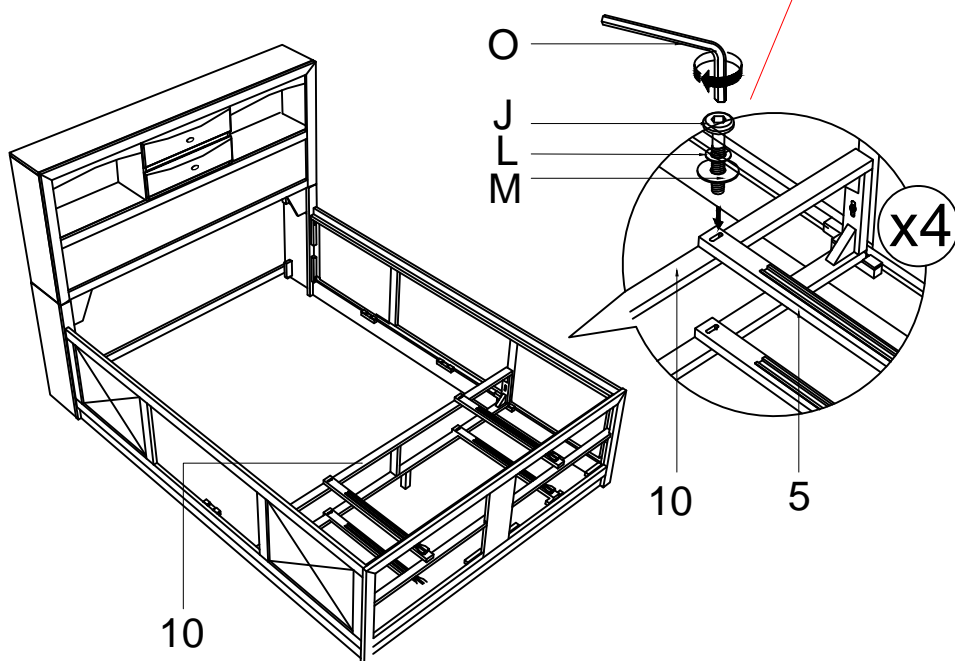
ASSEMBLY INSTRUCTIONS

9

Hardware (J) x4pcs

Hardware (L) x4pcs

Hardware (M) x4pcs

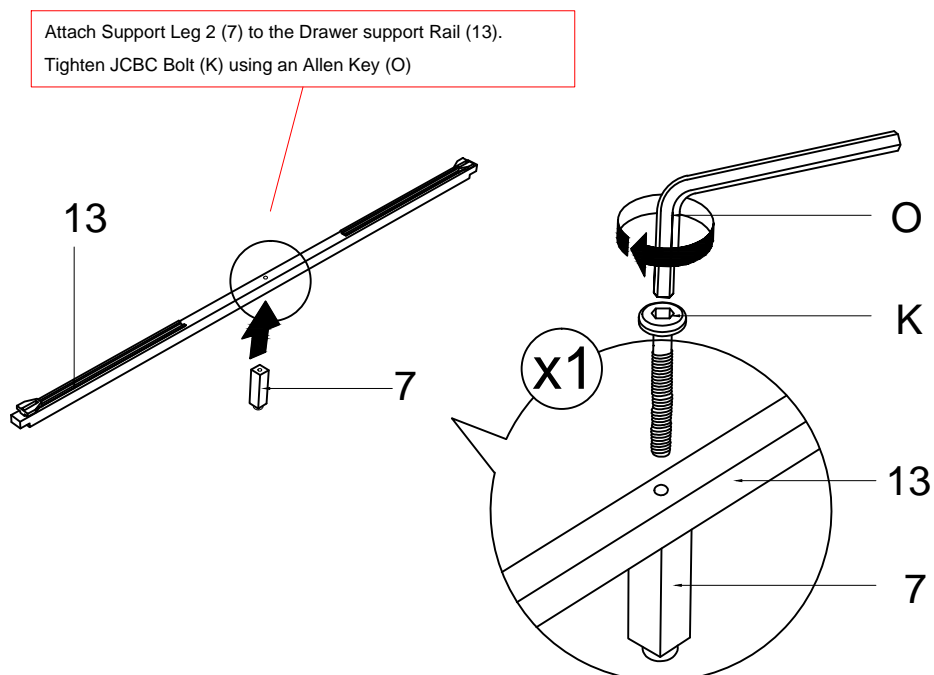


10

Part (7) x1pc

Part (13) x1pc

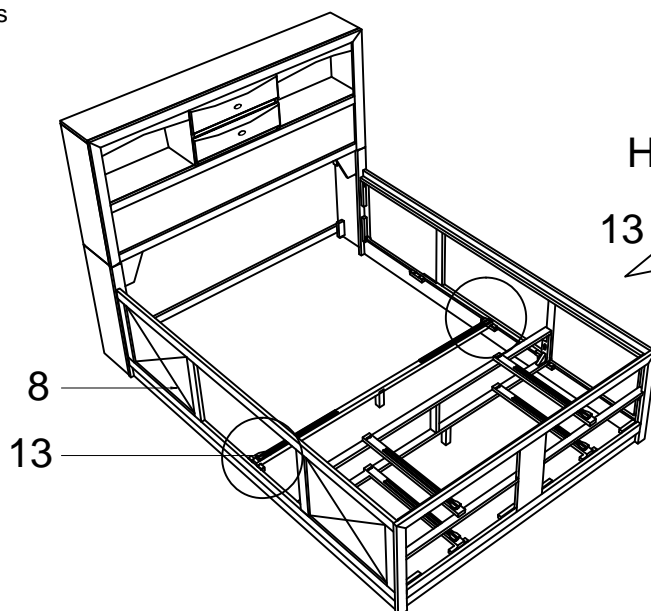
Hardware (K) x1pc



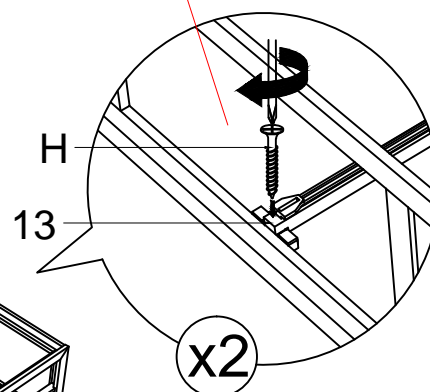
ASSEMBLY INSTRUCTIONS

11

Part 13 x1pc
Hardware H x2pcs

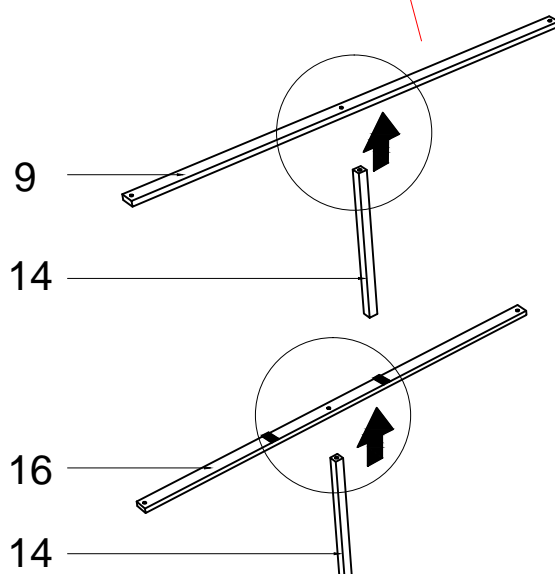


Attach Drawer Support Rail (13) to the Side Rail (8) using CSK Screw (H) and tighten with Screw Driver. (Not included)

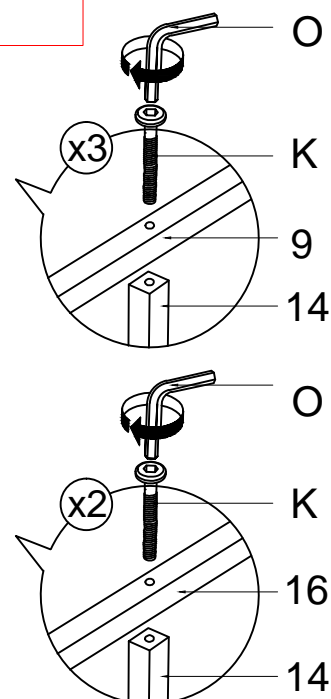


12

Part 9 x3pcs
Part 14 x5pcs
Part 16 x2pcs
Hardware K x5pcs



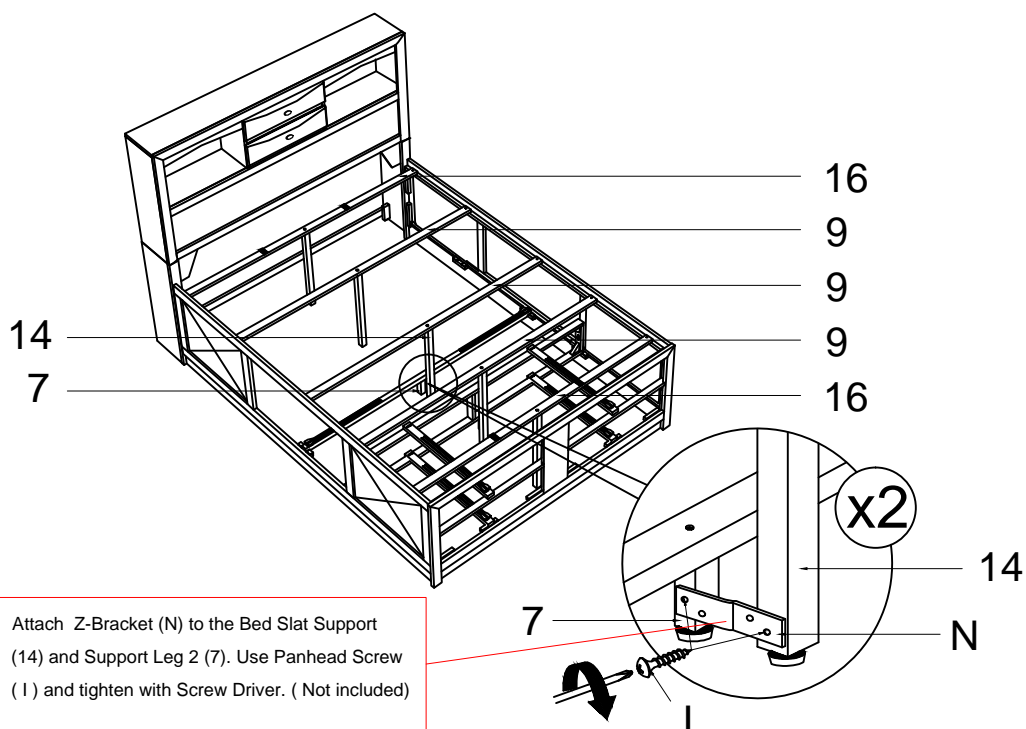
Attach Bed Slat (9) & (16) to the Bed Slat Support (14) . Tighten JCBC Bolt (11) using an Allen Key (15). (Loosen and tighten the Adjuster to stability of bed)



ASSEMBLY INSTRUCTIONS

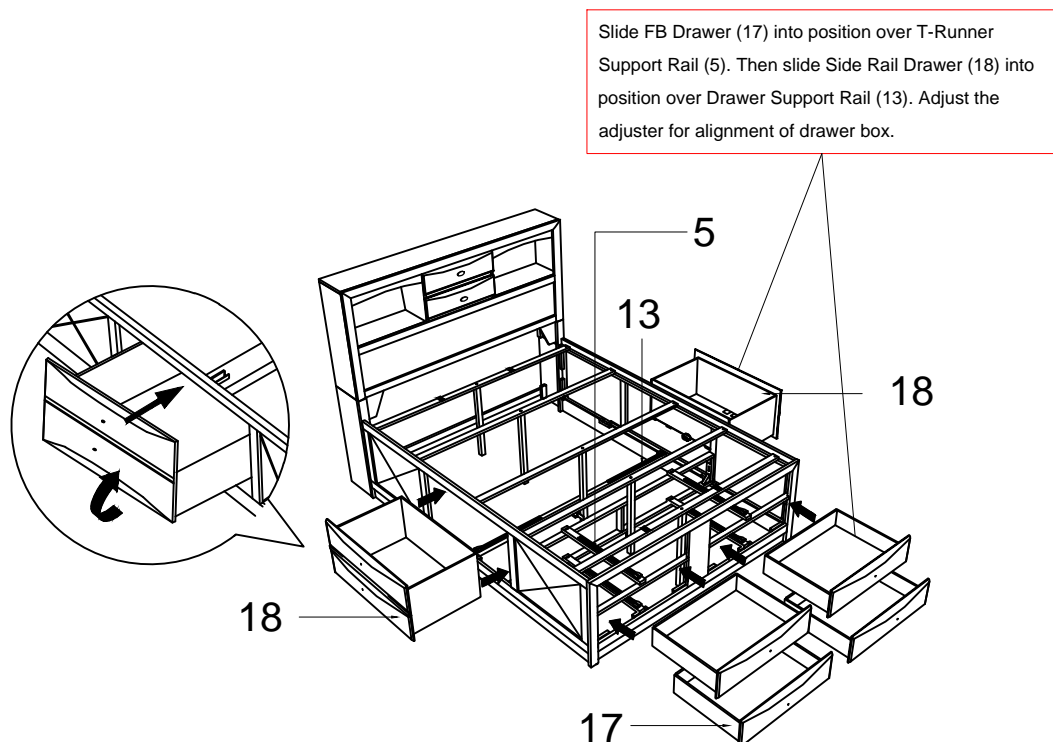
13

- Part ⑨ x3pcs
 Part ⑭ x5pcs
 Part ⑮ x2pcs
 Hardware ① x5pcs



14

- Part ⑰ x3pcs
 Part ⑱ x5pcs



ASSEMBLY INSTRUCTIONS

15

Hardware (H) x10pcs

Hardware (P) x8pcs

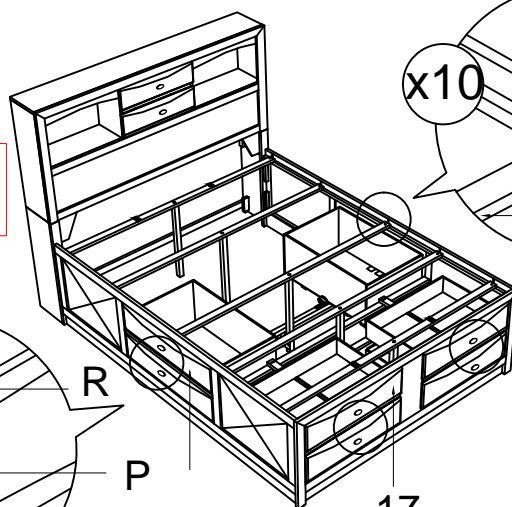
Hardware (Q) x4pcs

Hardware (R) x4pcs

Install the Handle (P) in front of drawer (18). Tighten the Handle Screw (R) using Screw Driver. (Not included)



STEP 1



STEP 3

x10

H

8

LINE MARKING

9&14



STEP 2

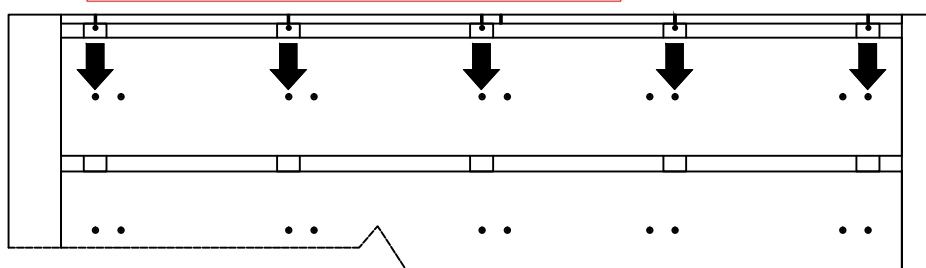
Q

P

x4

Install the handle (P) in front of drawer (17). Tighten the Handle Screw (Q) using Screw Driver. (Not included)

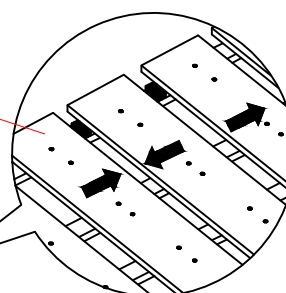
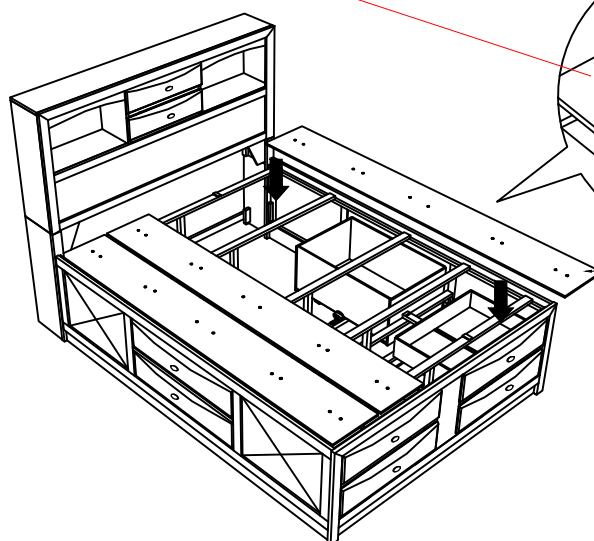
Attention! Screw on this markings on concealed panel slat (11).



16

Part (11) x5pcs

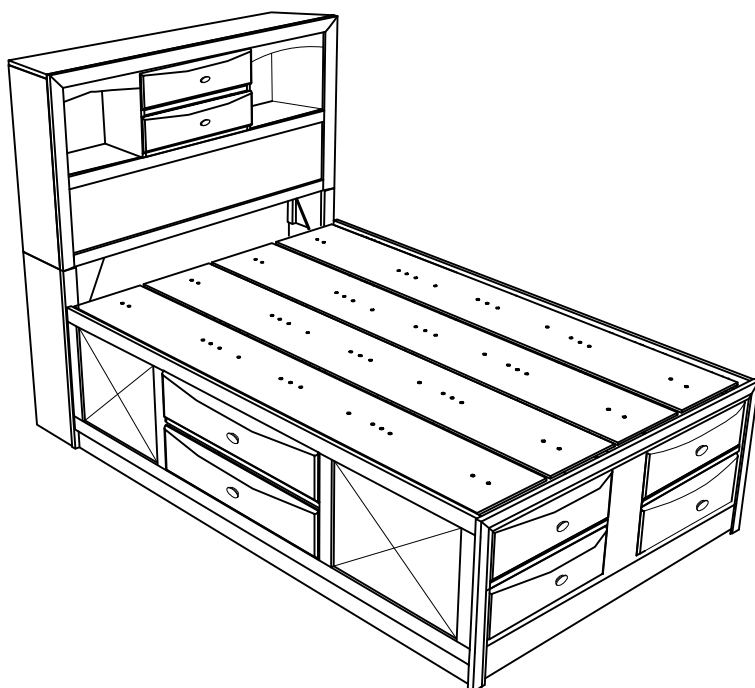
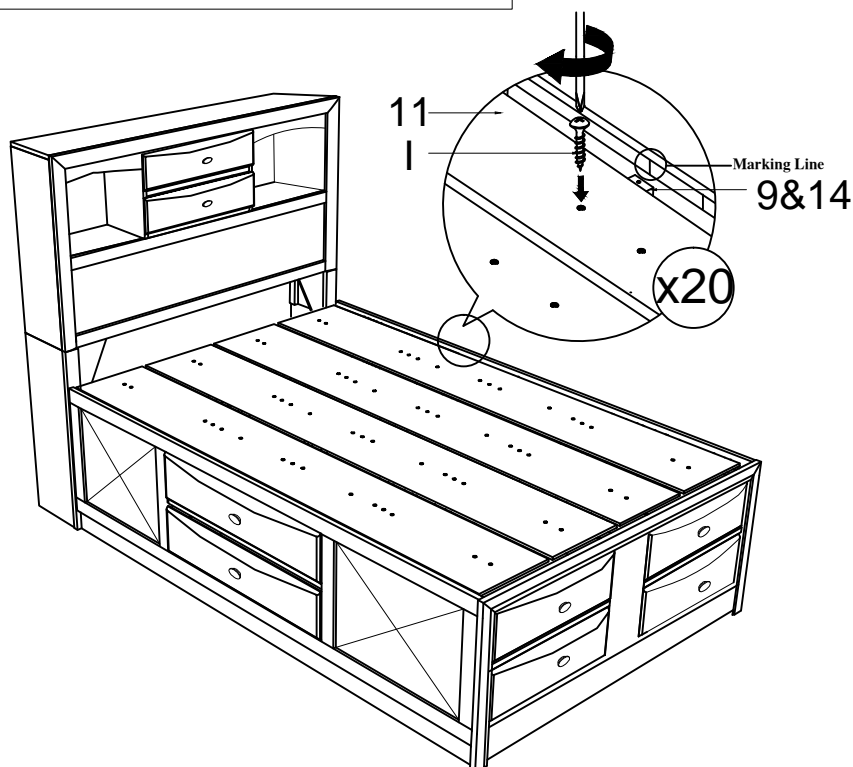
Realign the Concealed Panel Slat (11) as shown.



11

ASSEMBLY INSTRUCTIONS

Attach Concealed Panel (11) over the Bed Slat (9 & 14) using Panhead Screw (I) and tighten with Screw Driver. (Not included)



ASSEMBLY COMPLETED



Please ensure the furniture rests on an even and flat surface. If the product wobbles or feels loose, double-check all bolts and/or screws are properly tightened and secured.



Keep this handy!

Please retain this instruction manual and any order-related information for future reference.



Lift, don't drag!

To avoid damage to product please always LIFT the product when transporting or adjusting the placement.