

# MAKE YOUR KITCHEN A LITTLE COOLER.



**INCLUDES:**



What You Need to Know  
Before You Buy



Getting The Most Out Of  
Your Refrigerator



Easy Ways to Save Energy



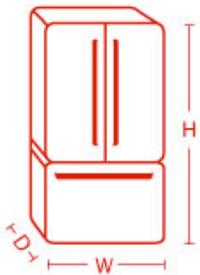
# BEFORE YOU BUY

Thinking of purchasing a new appliance? Learn the basics first! Before you head to the store, read these helpful tips on choosing the perfect appliance for you.

Everyone loves hassle-free solutions that help get things done effortlessly, which is why Amana® appliances can help meet all your household needs. When it comes to freshening up your kitchen or laundry room, high style doesn't have to be complicated. Read on to discover the top new picks.

## I. MEASURE YOUR SPACE

Measure the height, width and depth of the refrigerator cutout space in your kitchen.



**W:** side to side  
**D:** back to front  
**H:** top to bottom

Add 3 3/4" (9.5 cm) minimum space on each side and 1/2" (1.3 cm) to the height and depth for door clearance and airflow.

Measure the clearance of doorways, hallways and other points of entry that will be used to deliver your new refrigerator.

## 2. DECIDE WHAT TYPE



### Freezer-On-Bottom/French Door

**Benefits:** It's easy to store bulky, wide or super-sized items.

**Access:** Fresh food is always at eye-level, so you can access your favourites without bending down.

**Size:** Capacities range from 18.5 – 25 cu. ft.



### Freezer-On-Top

**Benefits:** This traditional refrigerator type is a great value, and offers features such as spillproof glass shelves and humidity controlled crispers

**Access:** Frozen food is at eye level – a great option if frozen items are purchased more frequently.

**Size:** Capacities range from 14.4 – 22 cu. ft.

## AMANA BRAND INSIGHTS:

**More and more people are choosing bottom-mount refrigerators.**

Why? They're stylish and practical.

**Fresh food at eye-level:** With the fridge portion at the top, and your freezer at the bottom, you can access your fresh foods without the hassle of bending down.

## They're ENERGY STAR® QUALIFIED:



All of Amana's bottom-freezer refrigerators are ENERGY STAR® qualified and consume less energy saving you money on that next utility bill.

**Did you know the Amana brand even invented the bottom-freezer refrigerator?**

**Want to make your kitchen a little cooler?** Find the best refrigerator for your space:

1. Measure Your Space
2. Decide What Type
3. Evaluate the Features
4. Pick a Colour and Finish



### 3. EVALUATE THE FEATURES

Don't know what you're looking for? Here are a few top features to consider:

- ENERGY STAR® Qualified
- Humidity Controlled Crispers
- spillproof glass shelves
- Upgraded Sound Insulation
- Stainless Steel – Stylish Design

### 4. PICK A COLOUR AND FINISH

Most models are available in white, black, or classic stainless steel – which one works best for your home?

### BONUS TIPS:

Your refrigerator is one of the few appliances in your home that runs *all day!* Buying a new fridge can actually save you money in the long run (hello, lower utility bills!).

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Aging refrigerators work harder – and cost more – to operate as refrigerants and seals degrade over time.

(Source: <http://energystar.gov>)

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Units made before 1999 may not meet current Department of Energy usage guidelines.

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Some bottom-freezer refrigerators consume less energy than a 60-watt bulb run continuously!



# MAXIMIZE SPACE AND FRESHNESS



**You've spent time researching, measuring, buying and finally enjoying the perfect new fridge for your kitchen. Now it's time to learn how to maximize space and freshness and get the best life out of your appliance.**

Lucky for us, Amana® Home Appliances offers simple tips to keep your fridge looking and running like new long after the first time you use it.

## **CLEANING:**

### **Clean the entire unit**

Your refrigerator and freezer automatically defrost so it's important to clean both sections about once a month to avoid buildup of odours.

Did you know that air circulates between both sections of a refrigerator? This means that any odours formed in one section will transfer to the other – yuck! Be sure to thoroughly clean both sections to eliminate any suspicious smells.

### **Power down**

Your refrigerator is one of the few appliances in your home that runs all day! Don't forget to unplug or disconnect power to avoid any danger to yourself or others while cleaning – and to reconnect or plug in after to get it going again.

### **Easy does it**

Using abrasive or harsh cleaners like window sprays or bleaches on plastic parts, interior and door liners can harm your new appliances. Instead, use a mild detergent and warm water to keep them sparkling. To avoid scraping your appliances, stay away from paper towels, scouring pads, or other coarse cleaning tools. A clean sponge or soft cloth will do the trick.

### **Cleaning the condenser**

If you've managed to find the time to clean the condenser on your refrigerator, here are some easy steps to follow to make sure it's done right:

- Remove the base grille.
- Use a vacuum cleaner with a soft brush to clean the grille, open areas behind the grille, and front surface area of the condenser.
- Replace the base grille when finished.

## **GO ONLINE:**

Learn more about Amana® refrigerators  
<http://www.amanacanada.ca/refrigeration.php>





## CLEANING (CONTINUED):

### Scrub it out.

To keep your fridge smelling fresh, remove any drawers or bins and wash in the kitchen sink with dishwashing liquid. Wash the inside of the refrigerator with a scrub or dishcloth – don't forget to wash the compartments on the door!

### Stop smells before they stay

Clean up spills as they happen. Don't let them linger longer than you have to or you could find yourself in a sticky situation. To avoid odour transfer and drying out of food, be sure to wrap or cover foods tightly.



## FOOD STORAGE:

### Make some room.

If your fridge is overcrowded, it might just not have enough room for everything you buy. A good rule of thumb is eight cubic feet of fresh-food storage for every two people in your household, plus an added cubic foot for each additional person. For freezer storage, the recommendation is four cubic feet for every two people plus two extra cubic feet for each additional person.

### Location, location, location.

When reorganizing your fridge for optimum storage, group similar items together, such as proteins or dairy. Keep proteins towards the bottom of the refrigerator, since this is the coldest part in the appliance. Condiments and dressings are perfect for the door, as these items can tolerate the temperature change. Have a deli drawer? This drawer controls temperature and humidity, so use it for deli meats and cheese.

## FOOD STORAGE TIPS:

Sick of paying for food that spoils before you get to enjoy it? Keep your favourite foods fresh by properly storing them in your fridge.

### MILK

- Always check the carton date to make sure it isn't spoiled.
- Close the lid tightly and dump any unused milk portions down the drain.
- Don't freeze cream unless it's whipped.

### FRUIT

- With the exception of apples, ripen up your fruit at room temperature before putting it in the refrigerator.
- Citrus fruit should be stored uncovered.
- Take note: bananas and avocados darken when they're refrigerated.

### VEGETABLES

- Wrap odourous foods such as cabbage, onion, peppers, cauliflower, broccoli, Brussels sprouts and green peas, and store in the crisper.
- Keep your asparagus fresher longer by not washing the bundle before refrigerating.

### MEAT, POULTRY & FISH

- Keep in original packaging for refrigeration and place in the meat and cheese drawer.
- When freezing longer than two weeks, overwrap with freezer wrap to avoid pesky freezer burn!



# SAVE ENERGY IN THE KITCHEN

Your new refrigerator shouldn't only look good, it should also help to save – on time, money and energy. The following key tips will help you learn to do just that.

The first step to making your appliances energy-efficient is choosing appliances with an ENERGY STAR® label. Many Amana® appliances are ENERGY STAR qualified and work hard to save you energy and water, with a range of features meant to help you save money on those utility bills.

## HOW YOU BENEFIT:

According to Natural Resources Canada (NRCAN)\*, if you replaced your old fridge from 1990 with a new ENERGY STAR qualified model, you would save more than 666 kWh of energy, saving up to \$67 a year. With an average estimated life of 18 years, that means a total savings of \$1,206. That's a lot of extra money to put towards a nice vacation!

## ENERGY SAVING TIPS:

- **Keep it clean** – Clean the condenser coils regularly so air can circulate. If dust builds up on a refrigerator's coils, air can't circulate freely so the motor works harder and uses more electricity.
- **Be quick** – Whether you're stocking your fridge after a trip to the grocery store or grabbing your ingredients to make a meal, don't leave the door open longer than necessary.
- **Temperature setting** – Set your refrigerator's temperature between 1.7°C (35°F) and 3.3°C (38°F) and the freezer at -18°C (0°F) for maximum efficiency and food safety.
- **Seal it tight** – Test the door seals periodically to make sure they are clean and tight. They should hold a slip of paper snugly, so test it and if the paper slips out easily, replace the seals.
- **Lighten the load** – It's good to have a full fridge, just don't overfill it because restricted air circulation reduces energy efficiency.



## GO ONLINE:

If you want to see your energy conservation working to save you money, use this handy online energy cost calculator for new appliances. <http://oe.nrcan.gc.ca/residential/personal/appliances/energy-cost-calculator.cfm?attr=4>

Learn more about Amana® refrigerators <http://www.amanacanada.ca/refrigeration.php>



\* <http://www.oe.nrcan.gc.ca/publications/infosource/pub/energy-efficient-appliances/>