

# DreamFit® - Care Guide

## Sheets

### Machine Washing

- It is strongly recommended to wash your sheets before the first use.
- Use a mild liquid detergent that does not contain any bleaching agents or fabric softeners. Bleach, whitening agents and fabric softeners can weaken the fabrics and can change the color and texture of the sheets. Our sheets do become softer with washing and use.
- Machine wash on a gentle cycle and do not wrap sheets around the agitator.
- Wash in cold or cool temperature water. Hot water can cause shrinkage in sheets that contain cotton.
- Much like clothing, light colors and dark colors should be washed separately.
- When washing your sheets, it is important to only wash sheets with sheets. Washing with towels, jeans, items with zippers, metals and other abrasive materials can cause wear on the fabric and will decrease the lifespan of the sheets.
- It is important not to overload your washing machine to decrease the chance of unnecessary wear on the fabric.
- Some face and hair care products can lead to discoloration. Specifically, but not limited to, products that contain benzoyl peroxide.

## **Machine Drying**

- Natural fabrics may wrinkle, however, there are steps you can take during the laundering process that can reduce wrinkling.
- Tumble dry at the lowest heat setting, as higher heat settings can cause shrinkage of sheets that contain cotton fibers.
- Avoid overloading the dryer, so your sheets have plenty of space to evenly dry.
- Once the drying cycle is complete, immediately remove from the dryer and fold or place back on your mattress.
- You can also line dry your sheets to cut down on wrinkling, however, please be aware that the sun can cause natural bleaching on fabric.
- If you are storing your sheets, keep them in a place out of direct sunlight. Be sure to store them in a cool & dry place that has good ventilation. If you are storing your sheets for an extended period of time, the best practice is to store them in cotton (such as a pillowcase). We strongly advise against storing sheets in plastic boxes or bags; natural fibers need room to breathe.

## **Mattress Protectors**

### **Machine Washing**

- It is strongly recommended to wash your mattress protector before the first use.
- Use a mild detergent that does not contain bleach, bleaching agents or fabric softeners.

- Bleach will damage the protective polypropylene backing on your mattress protector and will void your warranty.
- Machine wash on a gentle cycle and do not wrap the protector around the agitator.
- Wash in cold or cool temperature water. Hot water can cause damage to the protective polypropylene backing.
- When washing your protector, it is important to wash it by itself or with the same type product. Washing with towels, jeans, items with zippers, metals and other abrasive materials can cause wear on the fabric and will decrease the lifespan of the protector.
- We recommend washing your mattress protector at least once every two months and more frequently if you have pets or suffer from allergies.
- If any liquid spills or gets on your mattress protector, immediately remove the protector and wash right away.

## **Machine Drying**

- Tumble dry at the lowest heat setting.
- Immediately remove from the dryer and place back on your mattress.

## **Pillows**

- The removable cover of our pillows is machine washable.
- Unzip the removable pillow cover and wash the cover only.
- You can follow the same steps in our Mattress Protector washing instructions for your pillow cover.

