

# WHIRLPOOL® Microwave Hood Combination

## Models WMH32517, WMH32519 Quick Reference Guide

### POPCORN (sensor)

Senses 3.0-3.5 oz (85-99 g) size bag:

Place bag on turntable. Listen for popping to slow to 1 pop every 1 or 2 seconds, then stop the cycle. Fan operates only on low during Popcorn function.

### POTATO (sensor)

Senses 1-4 potatoes, 10-13 oz (283-369 g) each, similar in size:

Pierce each potato several times with a fork. Place on paper towel, around turntable edges, at least 1" (2.5 cm) apart. Place single potato to the side of the turntable. Let stand 5 minutes after cooking.

**MENU PROGRAMS:** Touch the menu control repeatedly to scroll through program options. Rest on the desired program option. Follow display prompts to select submenu items and/or amounts, and then start the program.

### VEGETABLE

- 1 Fresh Vegetable** – Senses 1-4 cups (250 mL-1 L):  
Place in microwave-safe container. Add 2-4 tbs (30-60 mL) water. Cover with plastic wrap, and vent. Stir and let stand 2-3 minutes after cooking.
- 2 Frozen Vegetable** – Senses 1-4 cups (250 mL-1 L):  
Remove from package. Place in microwave-safe container. Add 2-4 tbs (30-60 mL) water. Cover with plastic wrap, and vent. Stir and let stand 2-3 minutes after cooking.
- 3 Canned Vegetable** – 1, 2, 3 or 4 cups (250, 500, 750 mL or 1 L):  
Place in microwave-safe container. Cover with plastic wrap, and vent. Stir and let stand 2-3 minutes after cooking.

### REHEAT

- 1 Beverage** – 1 or 2 cups, 8 oz (250 mL) each:  
Do not cover. The diameter of the cup's opening will affect how the liquid heats. Beverages in cups with smaller openings may heat faster.
- 2 Casserole** – 1, 2, 3 or 4 cups (250, 500, 750 mL or 1 L):  
Place in microwave-safe container and cover with plastic wrap. Stir and let stand 2-3 minutes after reheating.
- 3 Soup** – Senses 1-4 cups (250 mL-1 L):  
Place in microwave-safe container and cover with plastic wrap. Stir and let stand 2-3 minutes after reheating.
- 4 Dinner Plate** – Senses 1 serving (1 plate), 8-16 oz (227-454 g):  
Place food on microwave-safe plate, cover with plastic wrap, and vent.
- 5 Pizza** – 1, 2 or 3 slices, 4 oz (113 g) each:  
Place on paper towel lined paper plate.
- 6 Sauce** – Senses 1-2 cups (250-500 mL):  
Place in microwave-safe container and cover with plastic wrap. Stir and let stand 2-3 minutes after reheating.
- 7 Baked Goods** – 1, 2, 3, 4, 5 or 6 pieces, 2 oz (57 g) each:  
Place on paper towel. Two small rolls may be counted as 1 piece.

### FROZEN ENTRÉE (sensor and non-sensor): Enter ounces.

Senses 10 or 20 oz (283 or 567 g), or cooks 40 or 60 oz (1134 or 1701 g) (preset programs):

Remove from package. Loosen cover on 3 sides. If entrée is not in microwave-safe container, place on plate, cover with plastic wrap, and vent.

### COOK

- 1 Bacon** – 1, 2, 3, 4, 5 or 6 slices, average thickness:  
Follow directions on package.
- 2 French Toast** – 1, 2, 3 or 4 pieces:  
Follow directions on package.
- 3 Cereal** – 1, 2, 3 or 4 servings:  
Follow directions on package. Use microwave-safe bowl with high sides.
- 4 Rice** – Senses 0.5-2.0 cups (125-500 mL) dry, white long grain:  
Follow measurements on package for ingredient amounts. Use microwave-safe dish with loose-fitting lid. Let stand 5 minutes after cooking, or until liquid is absorbed. Stir.

### DEFROST

- 1 Meat** – 0.2 to 6.6 lbs (90 g to 3 kg):  
Remove wrap and place in microwave-safe dish. Do not cover.
- 2 Poultry** – 0.2 to 6.6 lbs (90 g to 3 kg):  
Remove wrap and place breast side up in microwave-safe dish. Do not cover.
- 3 Fish** – 0.2 to 4.4 lbs (90 g to 2 kg):  
Remove wrap and place in microwave-safe dish. Do not cover.
- 4 Quick Defrost (auto)** – 1.0 lb (454 g) only:  
Remove wrap and place in microwave-safe dish. Do not cover. Turn over food at signal.

### SOFTEN/MELT

- 1 Soften Butter** – 0.5, 1.0, 1.5 or 2.0 sticks:  
Unwrap and place in microwave-safe dish.
- 2 Melt Butter** – 0.5, 1.0, 1.5 or 2.0 sticks:  
Unwrap and place in microwave-safe dish.
- 3 Soften Ice Cream** – 16, 32 or 64 oz (473, 946 or 1893 mL):  
Place ice cream container on turntable.
- 4 Soften Cream Cheese** – 3 or 8 oz (85 or 227 g):  
Unwrap and place in microwave-safe dish.
- 5 Soften Frozen Juice** – 12 or 16 oz (340 or 454 g):  
Remove lid from container.
- 6 Melt Chocolate** – 4, 6, 8 or 12 oz (113, 170, 227 or 340 g):  
Place in microwave-safe dish.
- 7 Melt Cheese** – 8 or 16 oz (227 or 454 g):  
Place in microwave-safe dish. Stir at signal.
- 8 Melt Marshmallows** – 5 or 10 oz (142 or 283 g):  
Place in microwave-safe dish.

**STEAM/SIMMER (sensor):** Use microwave-safe container with a loose-fitting lid. Sensor will detect when liquid begins to boil, then begin the Steam or Simmer countdown.

**NOTE:** Do not remove the lid while the container is in the microwave oven, as a rush of steam would disrupt the sensor readings.

**1 Steam Recipes:** Place small microwave-safe dish (for example, custard dish) with 2-4 tbs (30-60 mL) water in center of container. Use 2 tbs (30 mL) water for smaller quantities, or 4 tbs (60 mL) water for larger quantities of food. Place food in container around the small dish. Cover with loose-fitting lid.

- Fresh Vegetables – Senses 1-4 cups (250 mL-1 L):  
For best results, cut into equally sized pieces.

- Frozen Vegetables – Senses 1-4 cups (250 mL-1 L)

- Potatoes – Senses 1-4 cups (250 mL-1 L):  
For best results, cut into equally sized pieces.

- Boneless Chicken – Senses 0.5-1.5 lbs (142-680 g)

**2 Manual Steam:** Place small microwave-safe dish (for example, custard dish) with 2-4 tbs (30-60 mL) water in center of container. Use 2 tbs (30 mL) water for smaller quantities, or 4 tbs (60 mL) water for larger quantities of food. Place food in container around the small dish. Cover with loose-fitting lid. Enter Steam time.

Sample approximate steam times:

- Soft vegetables 1-3 min (ex.: spinach - 4 cups [1 L] 1 min)

- Hard vegetables 3-6 min (ex.: broccoli - 2 cups [500 mL] 4 min)

- Frozen vegetables 4-5 min

Use longer times for more doneness, or when steaming larger quantities.

### 3 Manual Simmer

**Rice:** Add liquid and food to microwave-safe container. Cover with loose-fitting lid. Enter simmer time. Simmer time will begin counting down after the sensor detects steam from boiling liquid.

**Pasta:** Add liquid to microwave-safe container. Cover with loose-fitting lid. Enter simmer time of 1 second. Simmer time will begin counting down after the sensor detects steam from boiling liquid. When the microwave oven stops, remove container, remove the lid, and add the pasta. Re-cover and return the container to the microwave oven. Clear the display using the Cancel control, then reprogram the simmer function, and enter the new simmer time (ex.: dry spaghetti - 11-12 min).

