HIP BENCH

411

412



ASSEMBLY INSTRUCTIONS

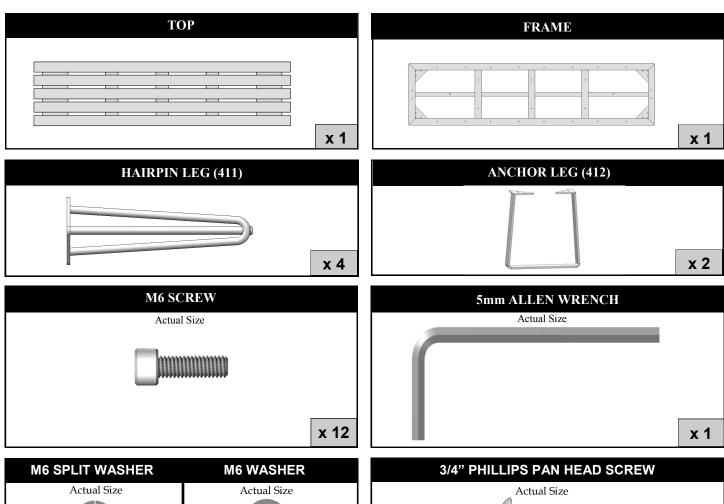
1

PLEASE READ INSTRUCTIONS COMPLETELY BEFORE BEGINNING.

Carefully remove contents from box. Make sure that all parts and hardware are included using the Parts List below.

Tools Required: 4mm Allen Wrench (included); #2 Phillips Head Screwdriver;

(Recommended: Rubber Mallet; Power Drill)

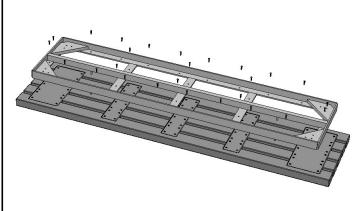


x 12

x 12

x 26

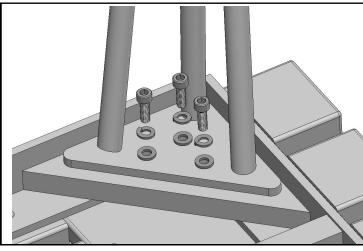
ATTACH TOP TO FRAME



On a clean flat surface align Frame pins with holes underneath Top. Attach Frame to Top with (26) 3/4" Phillips pan head screws. Do not over tighten.

3

ATTACH LEGS



On a clean flat surface connect legs to frame using (3) M6 screws, Split Washers, and washers (AS SHOWN). Finger tighten. Repeat with remaining (9) M6 Screws, Split Washers, and Washers. Do not over tighten.