



# ASSEMBLY INSTRUCTIONS

MODEL

**FM7240-F-HBFB**

## Questions?

GIVE US CALL: 1-888-980-5122  
MON-FRI 8:30AM - 5:30PM (PST)

## TOOLS REQUIRED



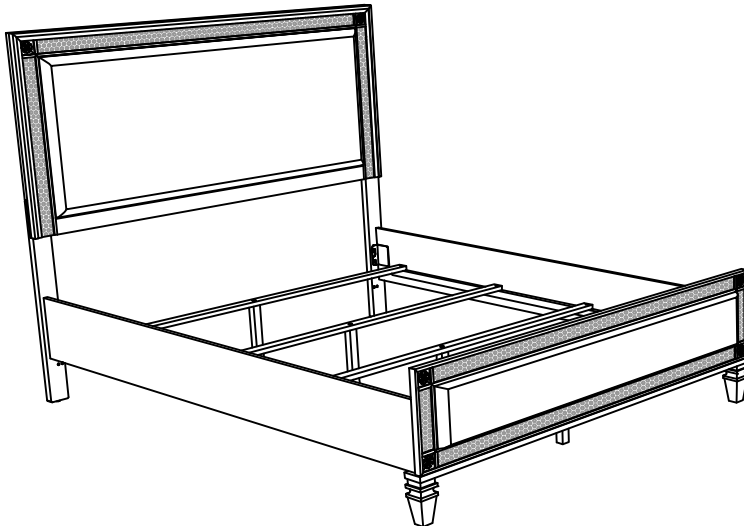
Allen Wrench

(Included)



Phillips  
Screwdriver

(Not Included)



2 - Persons  
Recommended

## ASSEMBLY RATING



EASY ————— DIFFICULT

The Assembly Rating is a 5-point system showing the level of effort needed to assemble a specific product.

VERSION # 24-03-28



FOA Intro

Thank you for your purchase!

We hope you enjoy this new addition to your home for many years to come.

Our commitment to providing quality products does not simply end when you purchase our product. We fully stand behind our products from start to finish. Our customer service department is available Monday – Friday 8:30 AM – 5:30 PM Pacific and can help with assembly questions as well as, if necessary, replacing damaged or missing parts. To help expedite our service, please have these assembly instructions readily available, along with your order receipt.



**Consumer Hotline**  
Toll-Free 1-888-980-5122



**WEBSITE**  
[www.foagroup.com](http://www.foagroup.com)



**Monday to Friday**  
8:30AM- 5:30PM (PST)



**E-MAIL**  
[cs.ec@foagroup.com](mailto:cs.ec@foagroup.com)



foagroup



FurnitureOfAmerica



## CHECK BEFORE STARTING



### Are you missing anything?

Double-check all parts, hardware and accessories listed on Page 6 are accounted for.



### Check out our Quick Tips!

We recommend reviewing the pre-assembly handouts. Even experts need a refresher now and then!



### Should we send any replacements?

Are there any irregularities or flaws in the parts? We can send replacements!



### Prep Time!

Please review the assembly instructions and all diagrams prior to assembling. Set up your workspace by laying the parts and hardware out separately, then begin!

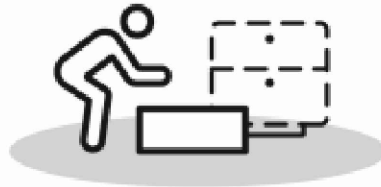
# PRE ASSEMBLY INTRODUCTION

We understand building ready-to-assemble furniture can be a challenging experience for some. To help avoid confusion, we have provided some helpful tips that may speed up the process.



## Teamwork

ALWAYS have at least two people to help with transporting and assembling the product to avoid potential injury and/or damage.



## Suitable Location

Assembling near the area of the intended location is highly recommended.



## Sufficient Space

Make sure you have enough space to move around during the assembly.



## Avoid Scratches

Use cardboard, blankets or a carpeted area while assembling furniture to prevent scratches.



## Flat Surface

Make sure the furniture rests on a flat and level surface with each leg evenly touching the floor.

# ASSEMBLY AND CARE ADVICE



**FAILURE TO FOLLOW THE GUIDELINES BELOW MAY  
RESULT IN INJURY AND/OR PROPERTY DAMAGE.**



Position each part correctly  
and insert screws or bolts into  
their respective holes.



Turn clockwise to tighten and  
only tighten when step is  
completed or when instructed  
to do so.



Save the instructions and store  
any supplied tools for later  
maintenance.

Use the appropriate hand tools  
or power tools for assembly.  
Select steps, such as tightening  
screws and/or bolts, may require  
hand tools to avoid causing  
damage during assembly.



After two weeks, check and  
tighten any loose hardware and  
repeat again every six months  
thereafter.

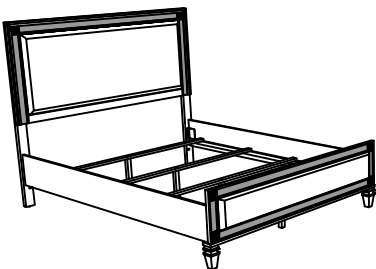
**IT IS THE USER'S RESPONSIBILITY TO MAINTAIN THE FURNITURE. THE HARDWARE MAY LOOSEN OVER TIME AND MAY CAUSE THE FURNITURE TO BE WOBBLY AND UNABLE TO SUPPORT ITS INTENDED WEIGHT CAPACITY. THIS MAY LEAD TO COLLAPSE AND MAY CAUSE SERIOUS INJURY.**

# FULL SIZE BED

FM7240-F-HBFB



- Please keep instructions for future reference.
- Check the quantity and irregularity of parts and hardware before you start.



## PARTS

① 1pc



Headboard

② 1pc



Footboard

③ 2pcs



Headboard Leg  
(L/R)

④ 2pcs



Side Rail

⑤ 4pcs



Bed Slat  
-1387 x 45 x 18mm

⑥ 4pcs

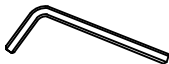


Bed Slat Support  
-225 x 30 x 30mm

## HARDWARE

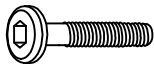
### HARDWARE INSIDE HEADBOARD

Ⓐ 1pc



Allen Key M4

Ⓑ 6pcs



Bolt 1/4" x 1-3/16"

Ⓒ 6pcs



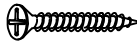
Lock washer

Ⓓ 6pcs



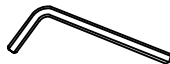
Flat washer

Ⓔ 8pcs



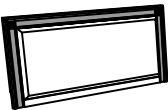
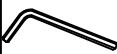
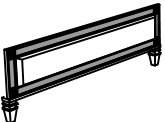
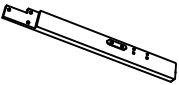
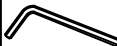
CSK m4 x 32mm

Ⓕ 1pc



Allen Key M5

# FM7240-F is packed in 2 cartons

| Carton        | Designation                          | Part |                                                                                          | Hardware                                                                                     |  |
|---------------|--------------------------------------|------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|--|
| FM7240-F-HBFB | Full Size<br>Bed HB, FB<br>& HB Legs | 1    |  X 1    |  A x 1pc  |  |
|               |                                      | 2    |  X 1   |  B x 6pcs |  |
|               |                                      | 3    |  X 2   |  C x 6pcs |  |
|               |                                      | 5    |  X 4   |  D x 6pcs |  |
|               |                                      | 6    |  X 4  |  E x 8pcs |  |
|               |                                      |      |                                                                                          |  F x 1pc  |  |
| FM7240-F-R    | Full Size<br>Bed Rails               | 4    |  X 2 |                                                                                              |  |

# ASSEMBLY INSTRUCTIONS

## 1

Part ① x 1pc

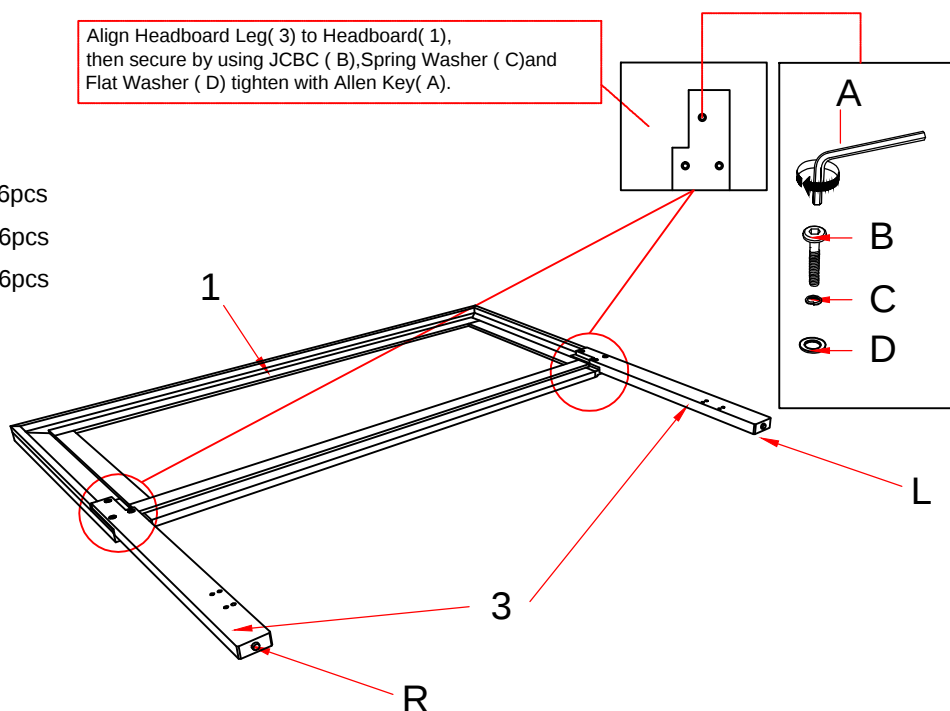
Part ③ x 2pcs

Hardware ⑥ x 6pcs

Hardware ⑦ x 6pcs

Hardware ⑧ x 6pcs

Align Headboard Leg (3) to Headboard (1), then secure by using JCBC (B), Spring Washer (C) and Flat Washer (D) tighten with Allen Key (A).

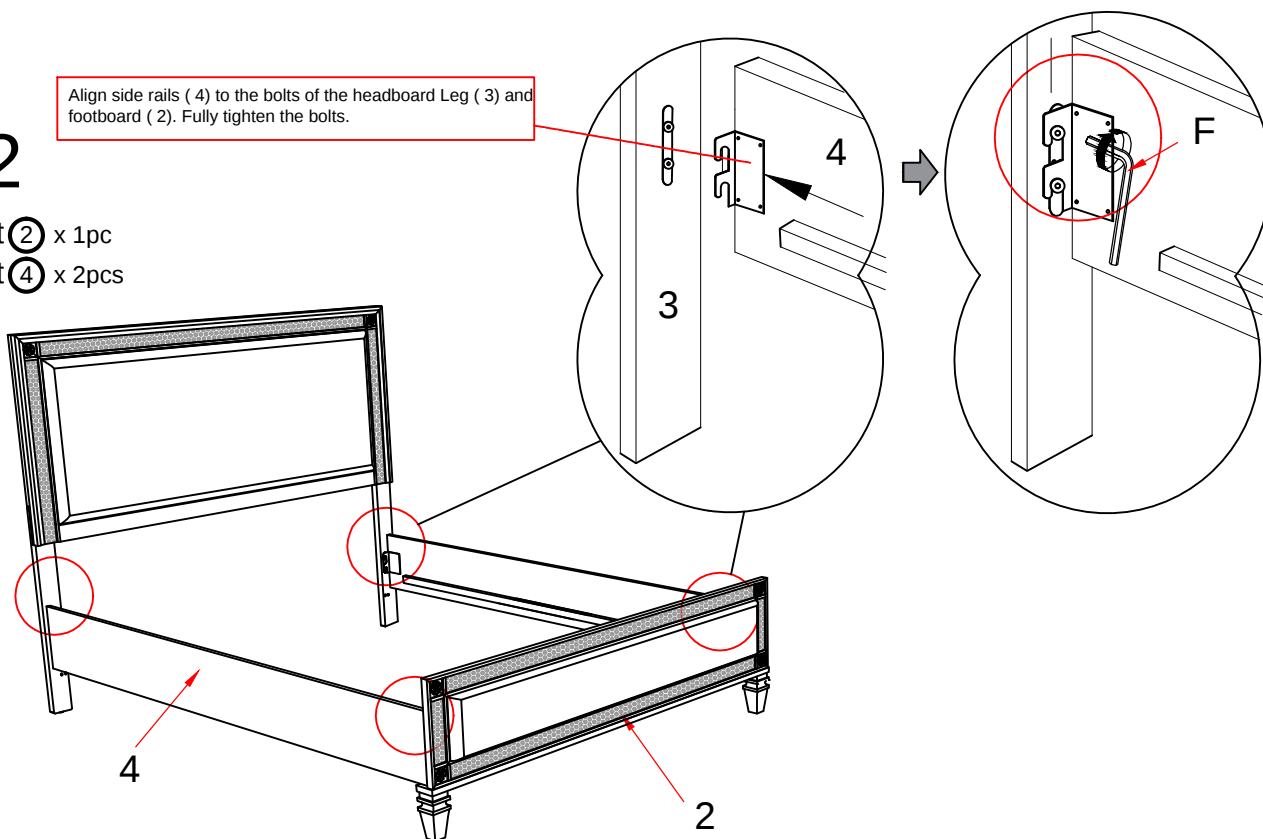


## 2

Part ② x 1pc

Part ④ x 2pcs

Align side rails (4) to the bolts of the headboard Leg (3) and footboard (2). Fully tighten the bolts.



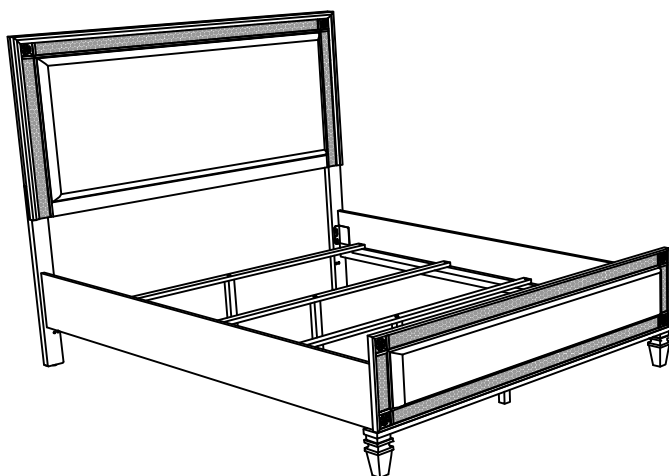
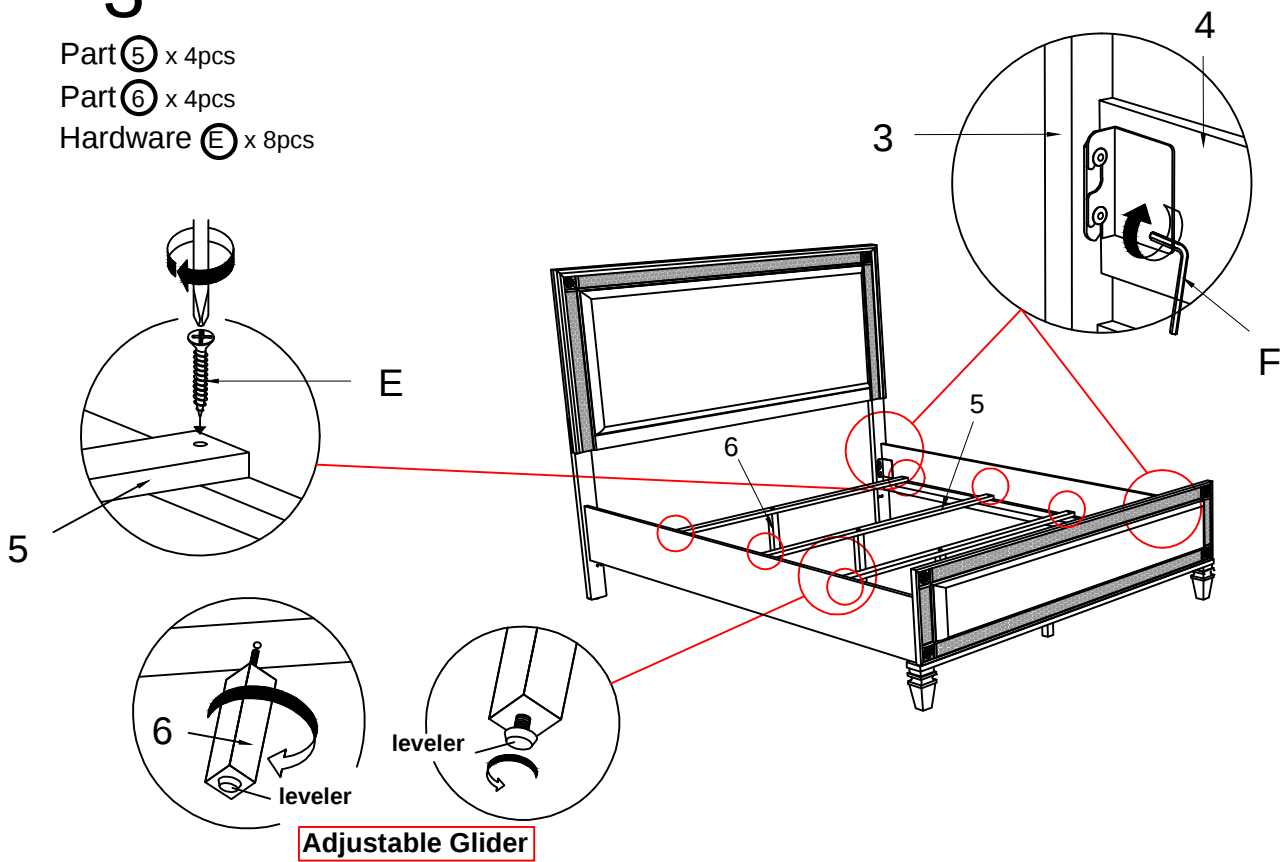
## ASSEMBLY INSTRUCTIONS

3

Part ⑤ x 4pcs

Part ⑥ x 4pcs

Hardware ⑤ x 8pcs



# ASSEMBLY COMPLETED



Please ensure the furniture rests on an even and flat surface. If the product wobbles or feels loose, double-check all bolts and/or screws are properly tightened and secured.



**Keep this handy!**

Please retain this instruction manual and any order-related information for future reference.



**Lift, don't drag!**

To avoid damage to product  
please always LIFT the product  
when transporting or adjusting  
the placement.